



Athletics Canada/Run Canada Measurement Certificate

Name of the course Really Chilly 10 km Run Distance 10 km
Location (city) London (province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop (2 laps+)
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 250 m Finish 250 m Highest 251 m Lowest 250 m
Straight line distance between start & finish 50 m Drop 0 m/km Separation 0.5 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Paul Roberts c/o Runners' Choice
207 Dundas St., London, Ontario, N6J 1G4 519-672-5928
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 3 Date(s) when course measured: 22/11/2009 & 22/10/2012
Race date: Course paperwork submission date: Oct. 25/2012
Replaces: (if applicable) Certification code: ON-2009-160a-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Oct. 25/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Start - on the main road to the Casino, 12.00 m west of exit to King St., in front of glass doors to Special Events Building.

1 km - 9 m west of Woodman Ave. E on Dundas St.

Turnaround - even with the south post of the entrance to Parking Lot D on Kellogg's Lane.

2 km - even with the east end of the Kellogg's Building on Dundas St.

3 km - 24 m west of Ashland Ave on York St.

4 km - 7 m east of the west side of 1151 Florence St.

5 km - 2 m east of the Western Fair Administration Building on Florence St, east of Rectory,

1 m east of west fence of underpass to/from Agriplex.

6 km - same as 1 km

7 km - 1 m east of the west side of the house at 1186 King St.

8 km - 4 m west of the west side of 1250 Florence St (Wells Foundry).

9 km - on Florence St., 10 m east of the north-south section of chainlink fence, west of Egerton St.

Finish - is 9.91 m south of garage door of Special Events Building, 1.90 m east of centre of cleanout.

Really Chilly 10 km Road Race

ON-2009-160a-BDC

Expires Dec. 31/2018

10 km - 2+ laps

