



Athletics Canada/Run Canada Measurement Certificate

Name of the course Really Chilly 1 km Road Race Distance 1 km
Location (city) London (province) Ontario
Type of course: road race ☒ calibration track Configuration: Out/Back
Type of surface: paved 99 % dirt 1 % gravel % grass % track %
Elevation (meters above sea level) Start 250 m Finish 250 m Highest 250 m Lowest 245 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Paul Roberts c/o Runners' Choice
207 Dundas St., London, Ontario, N6J 1G4 519-672-5928
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Nov. 2/2011
Race date: Feb. 26/2012 Course paperwork submission date: Nov. 5/2011
Replaces: (if applicable) Certification code: ON-2009-158-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Nov. 6/2011
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Really Chilly 1 km Road Race



King St.

Main Entrance to Parking Lot for OLG Casino at the Western Fair Grounds

Florence St.

First drain south of King St.

37.80 m

Turnaround

York St.

Florence St.

Nail and washer is at the intersection of chainlink fence to the south and the west side of the underpass

Underpass

Start/Finish

Start/Finish is even with the east side of the 4th vertical support (counting from the north) along the west side of the Agriplex Building

Sportsplex

Agriplex

Cone is to be placed 10.46 m north of the concrete base of the chain link fence and a line even with the west side of the Agriplex

Cone is to be placed 8.17 m north of lampost near fence by tracks and a line even with the west side of the underpass

Start/Finish

- Lampost
- Position of cones
- Vertical Supports
- Concrete base of chainlink fence

Finish

Underpass

Rectory St.

Western Fair Main Offices

10.46 m

8.17 m

X - represents where corner cones must be placed to keep course accurate

ON-2009-158-BDC
Expires Dec. 31/2018