To Co

Athletics Canada/Run Canada

Measurement Certificate

t Maratho	n (Unwin TA)	Distance 42 195 k	m
(province)		Ontario	
track	Configuration:	Loop	
% gravel	% grass	% track %	- <u>191</u>
Finish_	78 m Highest	83 m Lowest 76	m
m	Drop 0	m/km Separation	0/0
nard Con	way (London)	67 Southwood Cres	— /°
hris Fage	1 (Toronto)	Michael Conway (Toron	to)
cookes or	Chris Fagel	Exist div	
		and the second second	LEST
electronic	distance meter	ee talid ared salu area aran	1 130
e paperwork su	bmission date: Se	pt. 15, 2009	10,10
			DC
	track % gravel_ Finish_ m cnard Contact Fage cookes or l6-944-27 electronic ate(s) when contact paperwork su	track Configuration: mgravel	electronic distance meter ate(s) when course measured: Sept. 13, 2009 e paperwork submission date: Sept. 15, 2009

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:		Sept.	15	2000	
Bernard Conway - Athletics Canada/Run Canada National Certifier	-				
- IAAF/AIMS Grade A Measurer					

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Start/Finish - is 0.39 m south of the middle of the main doors of Old City Hall on Bay St. North of Queens St. E.

<u>Turnaround #1</u> - is the 2nd cut from the westbound lanes of Lakeshore Blvd. East of Parliament. Runners then head west in the eastbound lanes until Lower Simcoe St.

5 km - 11 m west of the east side of Rees St. in the middle of the intersection on Lakeshore Blvd. in westbound lanes.

10 km - 18 m west of pole 450, 45 m west of the east end of The Boulevard Club in westbound lanes of Lakeshore Blvd.

<u>Turnaround #2</u> - (12.1004 km) is at Windermere on Lakeshore Blvd. go from westbound to eastbound lanes (south lane from turnaround to CNE is for emergency vehicles).

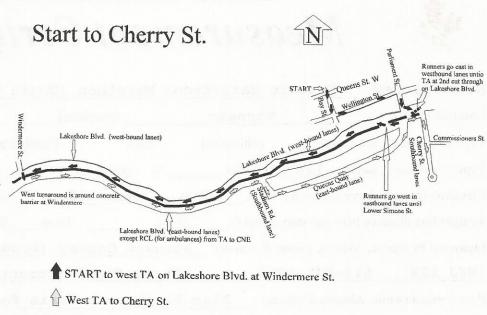
15 km - 2 m east of the overhead walkway to/from Marilyn Bell Park on Lakeshore Blvd. in eastbound lanes.

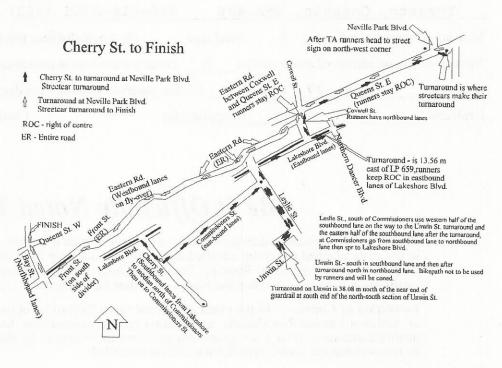
20 km - 6 m west of pole 21 on Queens Quay by streetcar underground entrance/exit.

<u>Half Marathon</u> - 14 m west of pole 59 east of 178 Queens Quay.

25 km - 16 m south of Commissioners St. on Leslie St.

Unwin St. turnaround rather than Cherry St.





Turnaround on Unwin St. - 38.80 m north of the guardrail at the south end of the north-south section of Unwin St.

Turnaround on Queens St. E - use Neville Park Blvd. streetcar turnaround.

30 km - 3 m east of pole 10 on Eastern Ave.

35 km - 17 m east of Brookmount Rd. on Queens St. E.

40 km - 35 m west of Parliament on south side of Front St.