



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Acura 10 Miler Distance 10 miles  
Location (city) Toronto (province) ON  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 98 % dirt \_\_\_\_\_ % gravel 2 % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 76 m Finish 76 m Highest 77 m Lowest 75 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent  
London, Ontario, N6J 1S8 and Chris Fagel  
Race contact (name, address & phone) Chris Fagel or Alan Brookes 260 The Esplanade  
Toronto, ON, M5A 4J6 416-944-2765 (502)  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: July 5, 2009  
Race date: \_\_\_\_\_ Course paperwork submission date: July 6, 2009  
Replaces: \_\_\_\_\_ (if applicable) Certification code: ON-2009-085-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: July 6, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

## Acura 10 Miler Road Race

Start – 6.78 m east of a line from the middle of the fire hydrant in front of 373 Front St.

1 km – midway between supporting columns 319 and 320 of the Gardiner Expressway on Lakeshore Blvd.

2 km – even with the west side of the drain east of Sound Stage #4 on Commissioners St.

3 km – 22 m west of the CRC sign at 560 Commissioners St.

4 km – 12 m north of the wooden lock box, 66 m south of the entrance/exit to the Leslie Street Spit.

5 km – 77 m south of the speed bump near the Marina on the Leslie Street Spit.

6 km – 3 m north of the through road at the Y junction on the main road on the Leslie Street Spit.

7 km – 31 m south of the paved road on the gravel road leading to the footbridge, between the 3<sup>rd</sup> and 4<sup>th</sup> large rock (counting from the paved road) on the Leslie Street Spit.

8 km – on the west side of the lagoon at its south end, opposite the trail leading towards the tree stumps and the western most chimney on the Leslie Street Spit.

9 km – 6.5 m north of the green triangle sign post, 151 m south of the speed bump at the east side of the lagoon at the north end of the southern part of the lagoon on the Leslie Street Spit.

10 km – 37 m south of the “V” part of the “Y” junction on the Leslie Street Spit.

11 km – 1 m south of the “Max 60” sign on the east side of the road by the Marina on the Leslie Street Spit.

12 km – 19 m north of the first speed bump south of the entrance/exit to the Leslie Street Spit.

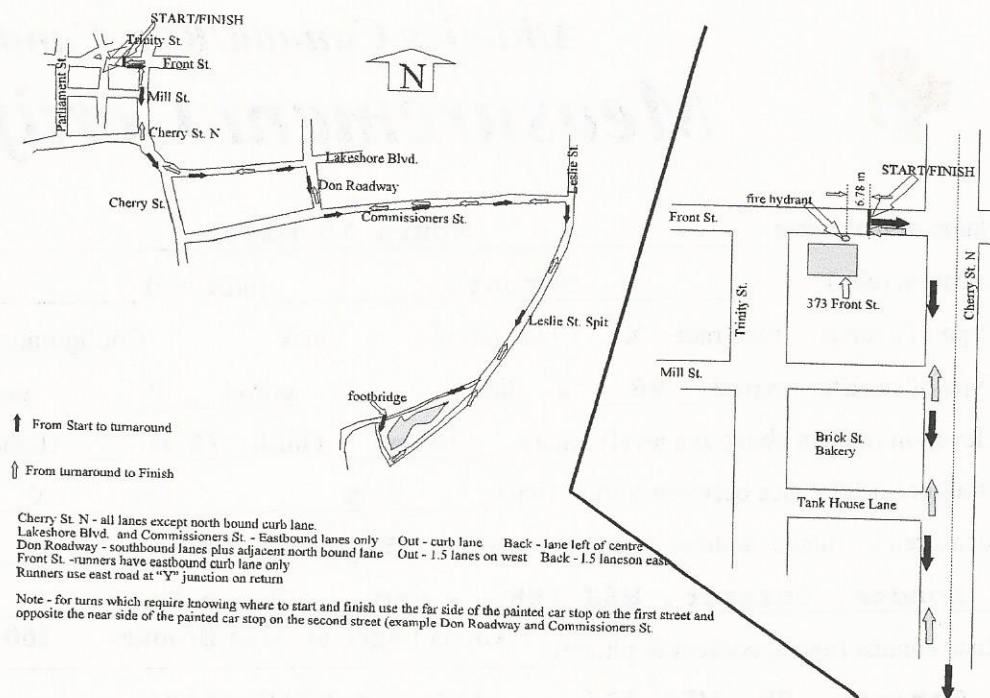
13 km – 33 m west of the bus shelter on Commissioners St.

14 km – 12 m west of Bouchette St. on Lakeshore Blvd.

15 km – 4 m west of supporting column 325 of the Gardiner Expressway on Lakeshore Blvd.

16 km – 5 m south of fire hydrant, 31 m south of the south curb of Front St. on Cherry St.

10 mile/Finish – same as the start.



ON-2009-085-BDC