



Athletics Canada/Run Canada Measurement Certificate

Name of the course That Dam Trail Run Distance One Mile
Location (city) Woodstock (province) Ontario
Type of course: road race ☒ calibration track Configuration: Out/Back
Type of surface: paved 80 % dirt 20 % gravel % grass % track %
Elevation (meters above sea level) Start 289 m Finish 289 m Highest 289 m Lowest 283 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Dan Major c/o Community Services
375 Finkle St., Woodstock, Ontario, N4V 1A8 519-533-2047
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 7, 2009
Race date: _____ Course paperwork submission date: June 12, 2009
Replaces: _____ (if applicable) Certification code: ON-2009-061-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 12, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

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ON-2009-061-BDC

Pittock
Lake

Pittock Lake Dam

START/FINISH
is even with
yellow gate

Train Tracks

Start to turnaround

Turnaround to Finish



That Dam Trail Run
One Mile

Path along river

Turnaround is
5.32 m west of
the first tree on
the river side of
the path at the
bottom of the hill
leading away
from the dam

