



Athletics Canada/Run Canada Measurement Certificate

Name of the course Safe Harbour 5 km Distance 5 km
Location (city) Bayfield (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 206 m Finish 206 m Highest 209 m Lowest 199 m
Straight line distance between start & finish 90 m Drop 0 m/km Separation 2 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Lynne Godkin RR#1 Kirkton,
Ontario, N0K 1K0 519-235-0777
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: May 3, 2009
Race date: June 14, 2009 Course paperwork submission date: May 6, 2009
Replaces: (if applicable) Certification code: ON-2009-033-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: May 6, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Safe Harbour 5 km Run

Start – on the north side of The Square, 3.65 m east of the east side of 17 The Square, west of Louisa St.

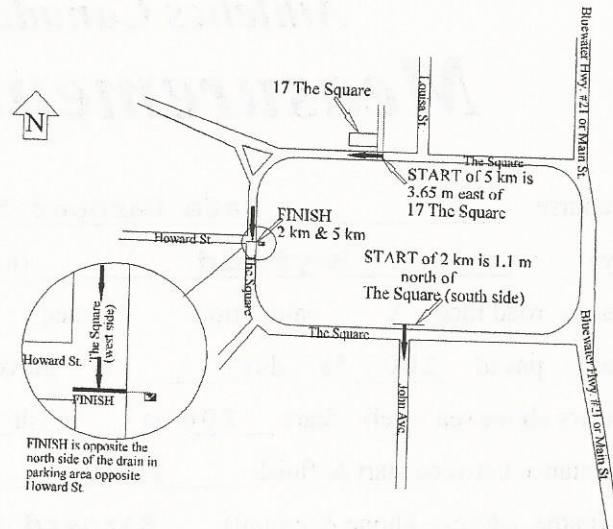
1 km – 15 m north of Cameron St. on Fry.

2 km – 8 m north of the north side of Cameron St. on Tuyl St.

3 km – 13 m south of Chiniquy St. on Tuyl St.

4 km – in line with the east side of 12 Charles St., opposite large rock & hydro post with transformer.

5 km Finish – in line with the north side of the drain on the west side of The Square opposite Howard St.



Only road constraint is at the turn by the arena runners are to keep behind the wheel chair parking spaces.

