



Athletics Canada/Run Canada Measurement Certificate

Name of the course The Dairy Capital 10 km Run Distance 10 km
Location (city) Woodstock (province) Ontario
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 287 m Finish 287 m Highest 293 m Lowest 283 m
Straight line distance between start & finish 74 m Drop 0 m/km Separation 0.7 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Mike Robinson 339 Graham St.
Woodstock, ON N4S 6L2 519-421-9857
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 5, 2009
Race date: May 24, 2009 Course paperwork submission date: April 8, 2009
Replaces: _____ (if applicable) Certification code: ON-2009-019-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: April 8, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

The Dairy Capital 10 km Walk/Run

Start - 5.88 m from the corner post of the two fences of the Baseball Diamond, 10.36 m from the west most point of the triangular concrete boulevard, 14.69 m from the lamp post in this triangular concrete boulevard.

1 km - 0.5 m south of the front door of 109 East Park Drive.

2 km - 1 m south of the north side of 153 College Ave.

3 km - opposite the middle of the gazebo, even with the south end posts of the picnic shelter by the pond south of the gates.

4 km - 1 m north of the north side of 175 Butler St. south of Kendall Ave.

5 km - in Southside Park, 2.62 m south of the north end of paved parking spaces by the Baseball Diamond, north of the pavilion beside the large blue building.

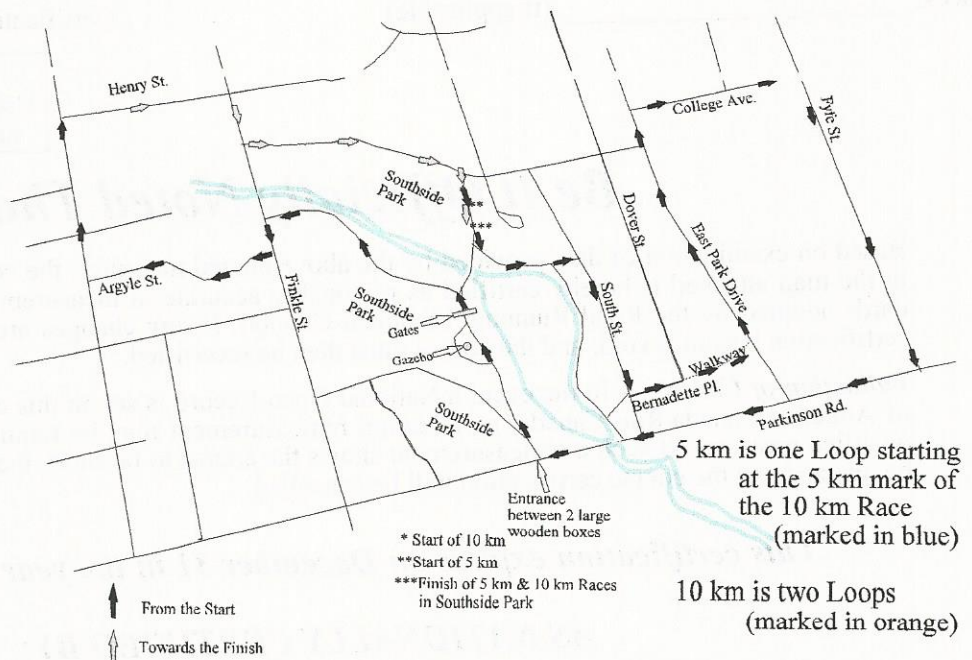
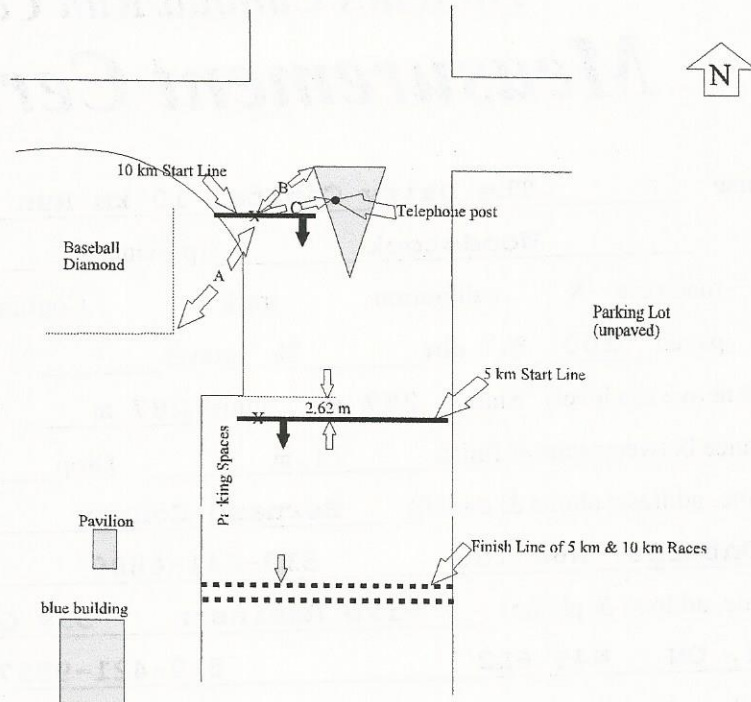
6 km - 1 m north of the south side of 105 East Park Drive.

7 km - 2 m north of the north side of 196 College Ave.

8 km - opposite the stone cairn south of the south side of the washrooms, south of the gates in Southside Park.

9 km - 7 m north of the north curb of Kendall Ave. on Butler St.

Finish - even with the east side of the walkway between the pavilion and the large blue building west of the Baseball Diamond.



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