

Athletics Canada/Run Canada Measurement Certificate

Name of the course	Winterman Half	Marathon	Pond Dans	Distance21.0975 km
Location (city)	Ottawa	- I CITOIT	ROAU RACE	Distance 21.0975 km
Type of course: road race	Ottawa Calibration	(provi	nce)	Ontario
Type of surface: payed	100 o/ the	track	Configuration:	Ontario 4 Laps + out/back
1		% gravel	0/2 07000	01
,	Statt 60 m	Finish 6	50 m Iliahaa	C=
	on start & innsn_ 0	m	Drop 0	
	, prione & c-mail)	Dave Yaege	r 3 Prov	zendon Arro
Ottawa, Ontario	, K1K 4N3 613	3-744-6007		render Ave.
Race contact (name, address	& phone) Terry	McKinty	411 7 5 3	
Ottawa, Ontario,	K1E 2W5 613	3-834-0656	AII TELEDA	re Way
Measuring Methods: bicyc	cle X steel tane	olootuu.	1.	
Number of measurements of	entire course: 2	electronic	distance meter	
Number of measurements of Race date:	chine course1	Date(s) when cou	rse measured: F	eb. 14, 2009
Race date:	Cours	se paperwork sub	omission date: Fe	b. 21, 2009
Replaces:	(if applicable	e)		n code: ON-2009-011-BDC

Notice to Race Director Use this Certification Code in all public announcements relating to your race.

Feb. 28, 2009

Date:

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY	CERTIFIED BY:
2	

Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

WINTERMAN 2009 OTTAWA, ONTARIO

Ottawa River Parkway WB - N side 27.3m W of Traffic Light at Booth. N&W 2.5 m from curb.

Turnaround for half marathon: Ottawa River Parkway WB - N side 8.6m W of most westerly Banner Pole W of Vimy Place. 12.3m W of W expansion joint on bridge W of Vimy Place. N&W 0.6m from curb.

Turnaround for marathon: Ottawa River Parkway WB - N side 1m E of catchbasin grate W of railway bridge to Quebec.

Ottawa River Parkway WB - S side 12m E of catchbasin grate on N side W of railway bridge to Quebec Turnaround for 2.5 km event: Ottawa River Parkway WB - N side 14.5m W of 3rd catchbasin grate on S side E of entrance to Lemieux Island. 120m E of Traffic Light at entrance to Lemieux Island. N&W 0.3m from curb. 2 km

Parkdale ramp - E side of roadway 7.7 m N of catchbasin grate N of Ottawa River Parkway WB Overpass. Across

Turnaround for 5km loop: Goldenrod Drwy - N side 15.1m W of Hydrant on S side at E side of tall building. At "No Parking" sign across from loading dock for tall building. N&W 0.6m from curb.

Parkdale ramp –E side of roadway 31.5 m N of yellow diamond shaped sign showing a motorcycle skidding. 3 km 4 km

Ottawa River Parkway WB - N side 25.3 m W of red Yield sign and W end of curb. E of railway bridge to Quebec. 5 km In concrete plaza SE of Canadian War Museum Building. See detail.

Each loop is 5.0 km. Subsequent loops start at the "Finish" line.

2.5 km event - short turn on loop

5 km event - 1 loop 10 km event - 2 loops

21.1 km event - 4 loops plus ½ marathon turn

42.2 km event - 8 loops plus marathon turn

Measured by: Dave Yaeger 3 Provender Ave Ottawa, ON K1K 4N3 613-744-6007 February 2009

N&W = nail and washer

