



Athletics Canada/Run Canada Measurement Certificate

Name of the course Winterman 5 km Road Race Distance 5 km
Location (city) Ottawa (province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 60 m Finish 60 m Highest 65 m Lowest 60 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Dave Yaeger 3 Provender Ave.
Ottawa, Ontario, K1K 4N3 613-744-6007
Race contact (name, address & phone) Terry McKinty 411 Lefebvre Way
Ottawa, Ontario, K1E 2W5 613-834-0656
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: Feb. 14, 2009
Race date: Course paperwork submission date: Feb. 21, 2009
Replaces: (if applicable) Certification code: ON-2009-009-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:



Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Feb. 28, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

WINTERMAN 2009 OTTAWA, ONTARIO

- Start Ottawa River Parkway WB – N side 27.3m W of Traffic Light at Booth. N&W 2.5 m from curb.
 Turnaround for half marathon: Ottawa River Parkway WB – N side 8.6m W of most westerly Banner Pole W of Vimy Place. 12.3m W of W expansion joint on bridge W of Vimy Place. N&W 0.6m from curb.
 Turnaround for marathon: Ottawa River Parkway WB – N side 1m E of catchbasin grate W of railway bridge to Quebec. N&W 0.6m from curb.
 1 km Ottawa River Parkway WB – S side 12m E of catchbasin grate on N side W of railway bridge to Quebec
 Turnaround for 2.5 km event: Ottawa River Parkway WB – N side 14.5m W of 3rd catchbasin grate on S side E of entrance to Lemieux Island. 120m E of Traffic Light at entrance to Lemieux Island. N&W 0.3m from curb.
 2 km Parkdale ramp – E side of roadway 7.7 m N of catchbasin grate N of Ottawa River Parkway WB Overpass. Across from Dog Walking sign on W side.
 Turnaround for 5km loop: Goldenrod Drwy – N side 15.1m W of Hydrant on S side at E side of tall building. At "No Parking" sign across from loading dock for tall building. N&W 0.6m from curb.
 3 km Parkdale ramp – E side of roadway 31.5 m N of yellow diamond shaped sign showing a motorcycle skidding.
 4 km Ottawa River Parkway WB – N side 25.3 m W of red Yield sign and W end of curb. E of railway bridge to Quebec.
 5 km In concrete plaza SE of Canadian War Museum Building. See detail.

Each loop is 5.0 km. Subsequent loops start at the "Finish" line.

2.5 km event – short turn on loop

5 km event – 1 loop

10 km event – 2 loops

21.1 km event – 4 loops plus ½ marathon turn

42.2 km event – 8 loops plus marathon turn

Measured by:
 Dave Yaeger
 3 Provender Ave
 Ottawa, ON K1K 4N3
 613-744-6007
 February 2009

N&W = nail and washer

ON-2009-009-BDC

5 km Road Race
 (1 lap)

