Athletics Canada/Run Canada

Measurement Certificate

Name of the course	Winterman 2	2.5 km W	alk	D:				
Location (city)	Ottawa (province)				Distance 2.5 km			
Type of course: road race X	calibration	track	Configuration	tion.				
-ypt of surface. paved 100	% dirt%	gravel	%	rroad	0/	0/		
(-101015 doove sea level)	Start 60 m	Finish 6	in m III.	1				
e assumed between start	& finish 0 m		Drop 0	m/km	Separation	0 %		
y (marre, address, phone	e & e-mail) Dar	ve Yaege		rovender		%		
Ottawa, Ontario, K1E Race contact (name, address & pho Ottawa, Ontario, K1E	ne) _ Terry Mcl	44-6007 Kinty						
Measuring Methods: bicycle X Number of measurements of entire	steel tape	electronic o	listance meter					
	Course pa	perwork sub	mission date:	Feb. 1	4, 2009			
Replaces:	(if applicable)				, 2009 ON-2009-0	08-BDC		
				Natio	o to D. D'			

Notice to Race Director Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:					
Bernard Conway - Athletics Canada/Rus Canada National Certifier - IAAF/AIMS Grade A Measurer - USATE/RRTC Final Signal	Date: _	Feb.	28, 2	2009	

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

WINTERMAN 2009 OTTAWA, ONTARIO

Ottawa River Parkway WB - N side 27.3m W of Traffic Light at Booth. N&W 2.5 m from curb.

Turnaround for half marathon: Ottawa River Parkway WB - N side 8.6m W of most westerly Banner Pole W of Vimy Place. 12.3m W of W expansion joint on bridge W of Vimy Place. N&W 0.6m from curb.

Turnaround for marathon: Ottawa River Parkway WB - N side 1m E of catchbasin grate W of railway bridge to Quebec.

Ottawa River Parkway WB - S side 12m E of catchbasin grate on N side W of railway bridge to Quebec Turnaround for 2.5 km event: Ottawa River Parkway WB - N side 14.5m W of 3rd catchbasin grate on S side E of entrance to Lemieux Island. 120m E of Traffic Light at entrance to Lemieux Island. N&W 0.3m from curb.

Parkdale ramp – E side of roadway 7.7 m N of catchbasin grate N of Ottawa River Parkway WB Overpass. Across

Turnaround for 5km loop: Goldenrod Drwy - N side 15.1m W of Hydrant on S side at E side of tall building. At "No Parking" sign across from loading dock for tall building. N&W 0.6m from curb.

Parkdale ramp –E side of roadway 31.5 m N of yellow diamond shaped sign showing a motorcycle skidding. 4 km 5 km

Ottawa River Parkway WB - N side 25.3 m W of red Yield sign and W end of curb. E of railway bridge to Quebec. In concrete plaza SE of Canadian War Museum Building. See detail.

Each loop is 5.0 km. Subsequent loops start at the "Finish" line.

2.5 km event - short turn on loop

5 km event - 1 loop

10 km event - 2 loops

21.1 km event - 4 loops plus 1/2 marathon turn

42.2 km event - 8 loops plus marathon turn

Measured by: Dave Yaeger 3 Provender Ave Ottawa, ON K1K 4N3 613-744-6007 February 2009

N&W = nail and washer

