



Athletics Canada/Run Canada Measurement Certificate

Name of the course Downtown Dash 5K Distance 5 km
Location (city) Corner Brook (province) NL
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 30 m Finish 30 m Highest 44 m Lowest 15 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Michael Coyne 31 Central St.
Corner Brook, NL, A2M 1C5 709-634-4520
Race contact (name, address & phone) Darren Stone 39 Main St.
Corner Brook, NL, A2M 1C5 709-634-7715
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: June 1, 2009
Race date: July 23, 2009 Course paperwork submission date: June 1, 2009
Replaces: (if applicable) Certification code: NL-2009-050-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 2, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

NL-2009-050-BDC

Downtown Dash 5K

Corner Brook, NL

2.5 km x 2 Loops



Measured Points:

Start, Finish and 2.5 km: In line with metal post for STOP sign on E side of Central Street at edge of apt. parking lot. 1.59m SW of manhole cover. Marked with PK nail and paint.

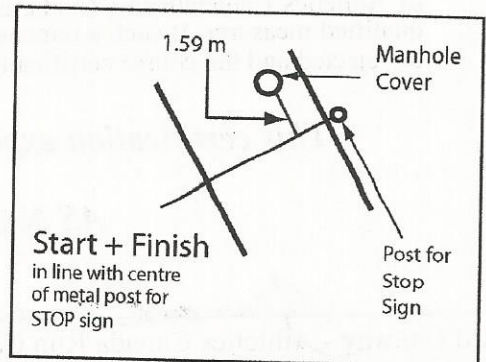
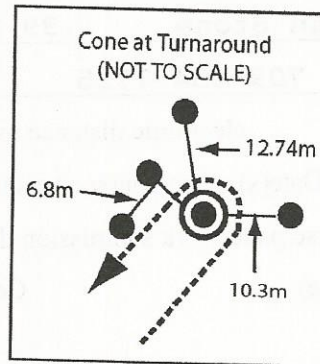
1 km: On S side of West Street. 4.62 m E from end of brick wall in front of Crown and Moose, left of entrance walkway.

Cone at turnaround: On top end of West Street near intersection with Central Street. In line with centre of large tree near S corner of Majestic Lawn. Even with line 6.8m E of concrete light pole. 12.74m SW of Yield sign. 10.3m NW of Wrong Way sign. Marked with PK nail and paint.

2 km: At 78 Central Street directly in line with S edge of house.

3 km: On N side of Park Street behind United Church parsonage. 1.34m E of utility pole 6586879.

4 km: On S side of East Valley Road. Even with line just left of centre of circular cement planter in Majestic Lawn parking area facing Tim Horton's. Even with line 2.07m E of manhole cover on N side of road.



Measured by Michael Coyne
June 1, 2009

