



Athletics Canada/Run Canada Measurement Certificate

Name of the course Spring Opener 5K Distance 5 km
Location (city) Cornerbrook (province) Newfoundland & Labrador
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Out/Back
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 238 m Finish 238 m Highest 266 m Lowest 231 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Michael Coyne 31 Central St.,
Corner Brook, NL, A2H 2M5 709-634-4520
Race contact (name, address & phone) Sherry Ledraw Corner Brook, NL
A2H 4B5 709-639-7946
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: May 6, 2009
Race date: May 17, 2009 Course paperwork submission date: May 10, 2009
Replaces: (if applicable) Certification code: NL-2009-039-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: May 11, 2009

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