



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Sunset Drive 300 m Cal. Course Distance 300 m
Location (city) Garnish (province) Newfoundland-Labrador
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 3 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) Lyman Keeping P.O. Box 14, Garnish, NL
AOE 1T0 709-826-2787
Contact (name, address & phone) _____

Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: April 3, 2009
Course paperwork submission date: April 29, 2009
Replaces: _____ (if applicable) Certification code: _____

NL-2009-035-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: May 9, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

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Garnish - Frenchman's Cave
10km Road Race

300 meter calibration course

