Athletics Canada/Run Canada

Measurement Certificate

Name of the course	Kajaks Ova	1 10 km Roa	d Race	Dietau			
Location (city)		(provi				km	
Type of course: road race X	calibration	(provi		BO			
Type of surface: payed 100	canoration	track	Configurat	ion:	Keyhole		
Type of surface: paved 100 Elevation (meters above sea level)	_% dirt	% gravel	% g	grass %	track	%	
(Source Source (CI)	Start 2 m	Finish 2	m Liio	thest 2 m	Lowest		
- Start	ce minsn () m	Dron A	/1 ~~		170	
Measured by (name, address, phone Richmond, BC, V7E, 41	e & e-mail)	Paul Higgin	hoth-	III/KIII 5	eparation	0%	
Richmond, BC, V7E 41	L9 604-2	48-2623	DOCHAM	4880 Wind	jammer Dr	ive	
Race contact (name, address & pho	one) Fred	Pawluk	8400 Fai	rbelle Cre			
Richmond, BC, V7C 1V		278-1624		-Delle Cle	scent		
Measuring Methods: bicycle X	steel tape	electronic o	listance meter				
Number of measurements of entire Race date:	course: 4	Date(s) when some	1				
Race date:		Date(s) when cou	rse measured:	Sept. 12	, 2009		
Replaces:	Cou	rse paperwork sub	mission date:_	Sept. 16,	2009		
respiaces.	(if applicabl	e)		cation code: BC		2-BDC	

Notice to Race Director Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

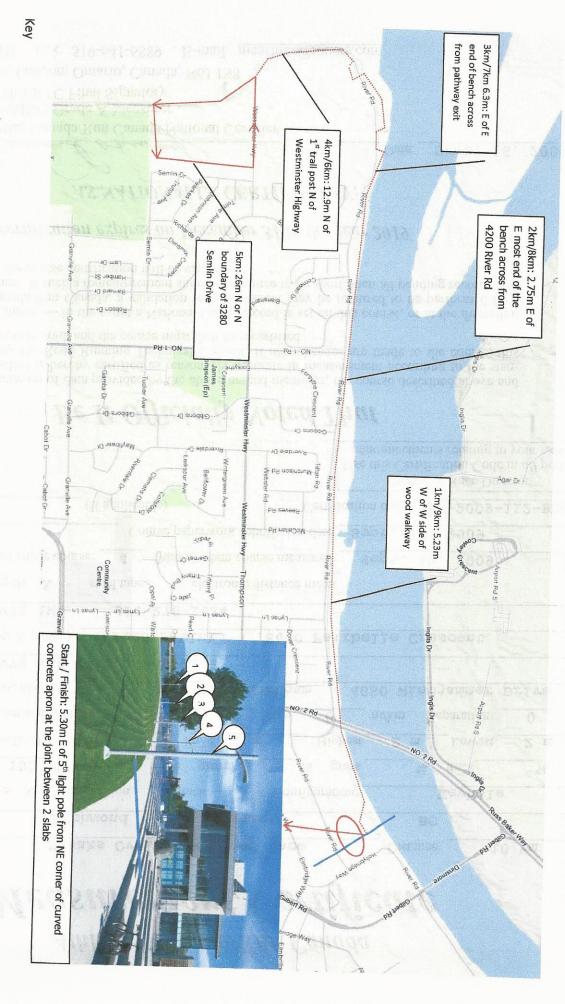
This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:				
Berney Paramas		Sont	1.0	
Bernard Conway - Athletics Canada/Run Canada National Certifier - IAAF/AIMS Grade A Management	_ Date	Sept.	16,	2009

- IAAF/AIMS Grade A Measurer- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



side at all times except along Westminster Highway where runners stay on the leftside. The course follows the raised dike path parallel to River Road, out and back. The path is 3m wide. Runners are requested to stay to the righthand

The course follows the raised dike path, Terra Nova Park trail then along the left side of Westminster Highway in the direction shown.

Start / Finish

BC-2009-112-BDC