



Athletics Canada/Run Canada Measurement Certificate

Name of the course World Masters Indoor Champ. Race Walk Distance 10 km
Location (city) Kamloops (province) BC
Type of course: road race ☒ calibration track Configuration: 5 Loops
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 350 m Finish 350 m Highest 350 m Lowest 350 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Paul Adams #55 - 678 Citadel Drive
Port Coquitlam, BC, V3C 6M7 604-945-4604
Race contact (name, address & phone) Wayne Richardson 74 - 1395 Hillside Drive
Kamloops, BC, V2E 2R7 250-377-4055
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 13, 2009
Race date: _____ Course paperwork submission date: June 20, 2009
Replaces: _____ (if applicable) Certification code: BC-2009-078-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

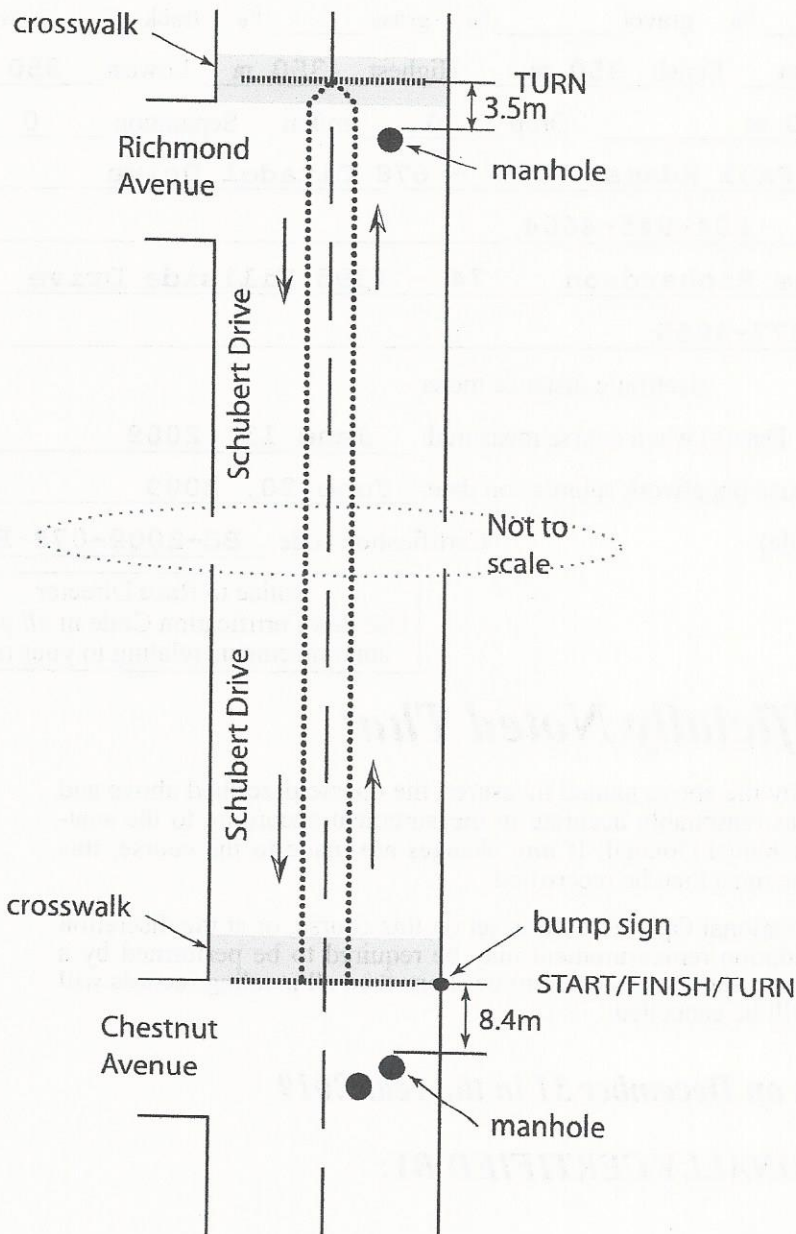
This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 22, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

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World Masters Indoor Championship
10km Race Walk
Kamloops, BC, Canada
March 1 to 6, 2010

Athletics Canada Certified BC-2009-078-BDC



The World Master race walk consists of 5 loops of this 2km course on Schubert Drive. Walkers go north on the right (east) side of the centre line and return on the right (west) side of the centre line.

The turn is in the crosswalk on the north side of the intersection at Richmond Avenue; it is 3.5m north of the manhole in the intersection.

The start/finish at Chestnut Avenue is exactly 8.4m north of the manhole cover in the Chestnut Avenue intersection; it is also in line with the bump sign at the south edge of the cross walk.