



Athletics Canada/Run Canada
Measurement Certificate

Name of the course World Masters Indoor Meet Half Marathon Distance 21.0975 km
Location (city) Kamloops (province) BC
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Two Out/Back Sections
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 352 m Finish 357 m Highest 368 m Lowest 347 m
Straight line distance between start & finish 200 m Drop - 0.2 m/km Separation 0.9 %
Measured by (name, address, phone & e-mail) Paul Adams #55 - 678 Citadel Drive
Port Coquitlam, BC, V3C 6M7 604-945-4604
Race contact (name, address & phone) Wayne Richardson 74 - 1395 Hillside Drive
Kamloops, BC, V2E 2R7 250-377-4055
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: June 14, 2009
Race date: Course paperwork submission date: June 20, 2009
Replaces: (if applicable) Certification code: BC-2009-077-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

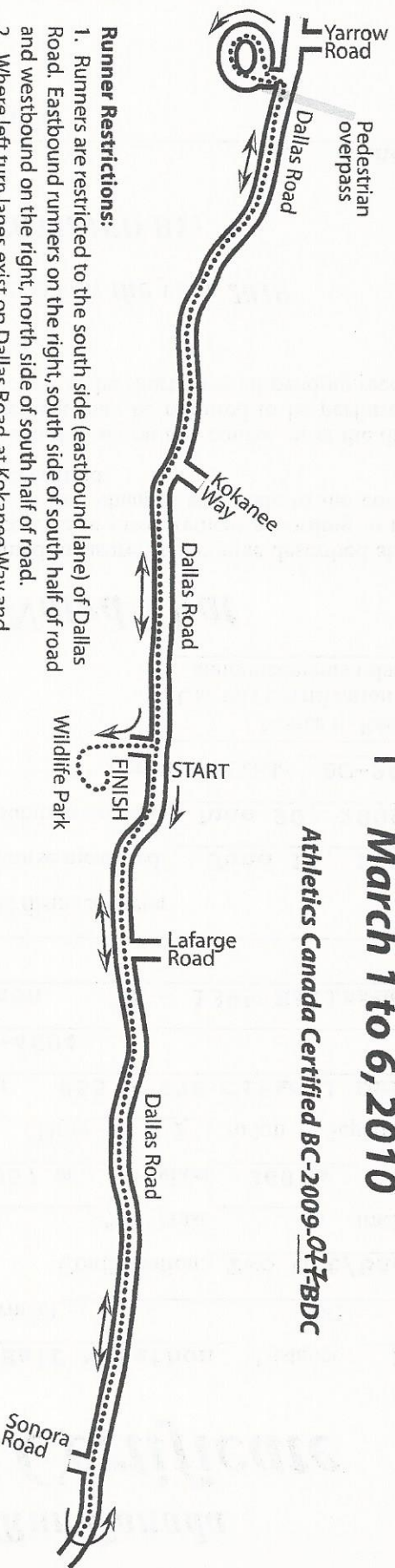
Date: June 22, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

World Masters Indoor Championship N Half Marathon Kamloops, BC, Canada March 1 to 6, 2010

Athletics Canada Certified BC-2009-077BDC



- Runner Restrictions:**
1. Runners are restricted to the south side (eastbound lane) of Dallas Road. Eastbound runners on the right, south side of south half of road and westbound on the right, north side of south half of road.
 2. Where left turn lanes exist on Dallas Road, at Kokanee Way and Lafarge Road, runners must use the south lane and not the left turn lane.
 3. Organizers must use barriers or cones to restrict runners to the correct half of the lane.

