



Athletics Canada/Run Canada Measurement Certificate

Name of the course Chemainus Twilight Shuffle 5K Distance 5 km
Location (city) Chemainus (province) BC
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 82 % dirt 18 % gravel % grass % track %
Elevation (meters above sea level) Start 29 m Finish 29 m Highest 41 m Lowest 15 m
Straight line distance between start & finish 21.6 m Drop 0 m/km Separation 0.4 %
Measured by (name, address, phone & e-mail) Gary Duncan 3860 Ascot Drive
Victoria, BC, V3P 3S1 250-721-2912
Race contact (name, address & phone) Phil Nicholls c/o Island Runner
1576 Fairfield Road, Victoria, BC, V8S 1G1 250-595-2378
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: May 7, 2009
Race date: Course paperwork submission date: June 9, 2009
Places: (if applicable) Certification code: BC-2009-060-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier

Date: June 9, 2009

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

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BC-2009-060-BDC

Twilight Shuffle 5K Chemainus BC, Canada

Measured: 2009 May 07
by Gary Duncan
Altitude: Start 29m, Finish 29m
High 41m, Low 15m
Separation: 21.6m

Measured SPR using full width of road

Measured SPR on pavement
right of coned centre line

Measured SPR
right of coned centre
3.5m from
East traffic edge

Measured SPR
right of coned centre
3.5m from
East traffic edge

Measured SPR
right of prescribed
coned centre

Measured SPR
right of coned centre line



marked with masonry nail w/ red tag
1.0m inside North edge of crosswalk
in line with and 6.25m from stop sign
at exit from Waterwheel Crescent

Start Line

Finish Line

marked with masonry nail w/ red tag
on South cut line to Fire Hall
1.0m from telephone pole

21.6m

Stop Sign

Waterwheel
Crescent

Parking
Lot

Cypress
St

Willow St.

Start & Finish Line Detail

straight along line through
pavement edge 47.8m NW of &
through gate centre
to point 9.0m SE past
(on SW corner of rectangular cut)
& straight to point below

Detail of Prescribed
Coned Centre through
South Upper Mill
Open Area

straight from point above
to point on pavement edge
8.2m from NW gate post
(1m NE past 1.5m x 3m check cut)
& straight S through gate centre

inside corner
0.8m from gate

from end of centre line
to near gate centre
3.5m from inside pavement edge

inner
gate

Last Mile

back
gate

Bare Point Rd.

Half Way

Hemlock St.

1 Mile

4K

2K

3K

second
pass

main
gate

return

first
lap

Start

Oak St.

Croft St.

Willow St.

1K

Finish

Start

Measured SPR
right of centre
through main gate

Victoria St.