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Athletics Canada/Run Canada

Measurement Certificate

Name of the course	Longest Day	Road Race 10k	Distance	10 1	
Location (city)	Vancouver	(province)	British C	10 km	
Type of course: road race X	calibration	track Configur	ation:	2 Toons	
Type of surface: paved 99.2	_% dirt	% gravel %	grass 0 8 %	track 0/	
Elevation (meters above sea level)	Start 94 m	Finish 78 m H	ighest 98 m	Lowest 57	. 25
Straight line distance between star	t & finish 23	34 m Drop 1.	55 m/km Se	enaration 2.4	0/
wieastred by (name, address, phon	e & e-mail)C]	lifton Cunningham	704 - 39	Sixth Street	⁷⁰
New Westminster, BC	, V3L 0B3	778-786-3116		Description of the	
Race contact (name, address & pho	one)Graeme	Fell 6449 Ye	w St		
Vancouver, BC, V6M	3 Z 3	604-266-8879			
Measuring Methods: bicycle X	steel tape	electronic distance mete	er		
Number of measurements of entire	course: 2 Da	ate(s) when course measured	: April 13	2009	
Race date: June 12, 2	009 Course	e paperwork submission date	: April 14	2009	
Replaces:	(if applicable)	Certi	fication code: BC	-2009-022-BD	C
			Notice to	Race Director	

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway - Athletics Canada/Run Canada National Certifier

Date: April 29, 2009

- IAAF/AIMS Grade A Measurer- USATF/RRTC Final Signatory

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