



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Calgary 10 km Distance 10 km  
Location (city) Calgary (province) Alberta  
Type of course: road race ☒ calibration track Configuration: Loop  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 1050 m Finish 1050 m Highest 1052 m Lowest 1043 m  
Straight line distance between start & finish 271 m Drop 0 m/km Separation 2.7 %  
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW  
Calgary, AB, T2V 3M2 403-874-1185 and Bill Wylie  
Race contact (name, address & phone) Jim Perry P.O. Box 296, Station M,  
Calgary, AB, T2P 2H9 403-264-2996  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: May 3, 2009  
Race date: May 31, 2009 Course paperwork submission date: May 7, 2009  
Replaces: \_\_\_\_\_ (if applicable) Certification code: AB-2009-043-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

AS NATIONALLY CERTIFIED BY:

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

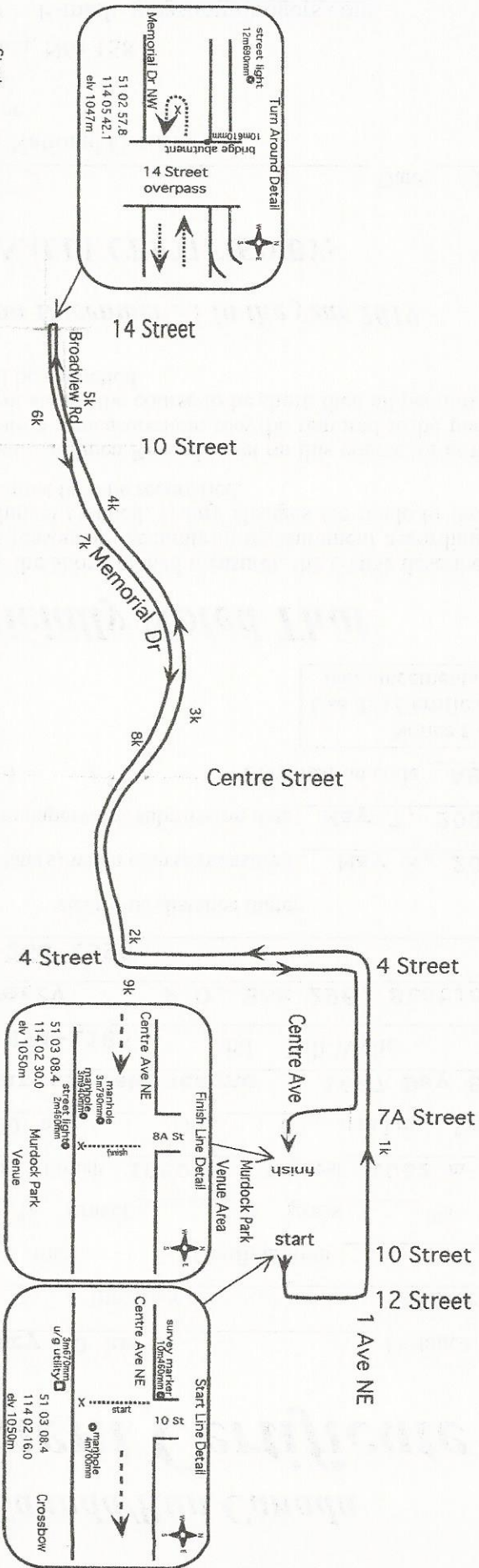
Date: May 18, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

AB-2009-043-BDC

Calgary 10 km



- Start
- Centre Ave - ER
- 12 Street - ROC
- 1 Ave - ROC
- 4 St - RCL
- Memorial Dr - ROC
- Memorial Dr - RCL
- Turn Around - ER
- Memorial Dr - LOC
- Memorial Dr - ROC
- 4 Street - RCL
- 1 Ave - RCL
- 7A Street - ROC
- Centre Ave - ER
- Finish
- ER - Entire Road
- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre

Start/finish and turn around points are marked with a pk nail & washer, painted, GPS referenced and measured to a permanent location.

From the combined start/finish line at the north side of Murdock Park, all corners are to be cornered and marshaled.

Course Measurer: Marcel LaMontagne 403.874.1185  
Date: May 3, 2009