



Athletics Canada/Run Canada Measurement Certificate

Name of the course Lethbridge Family 5K Fun Run Distance 5 km
Location (city) Lethbridge (province) AB
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 910 m Finish 910 m Highest 910 m Lowest 905 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Shawn Pinder and Brendt Lukinuk

Race contact (name, address & phone) Shawn Pinder 2646 South Parkside Drive
Lethbridge, AB, T1K 0C4 403-327-2241 shawn@runnersoul.ccam

Measuring Methods: bicycle ☒ steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: May 19, 2009

Race date: May 29, 2010 Course paperwork submission date: Sept. 4, 2009

Replaces: _____ (if applicable) Certification code: AB-2009-107-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Sept. 9, 2009
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

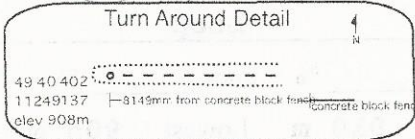
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Little Souls Family 5km Lethbridge, Ab.



- Start Line** Lethbridge College, south side on College Drive So. At east end of the parking curb, centered on the curb.
- 1 km on College Drive south of intersection with 26 Ave So.
- 2 km on Scenic Pathway immediately north of entrance to Chinook Heights.
- Turn** on Scenic Pathway east of intersection of Scenic Dr. & 15 Street So. Just west of pedestrian entrance to Park Royal.
- 3 km on Scenic Pathway south of Chinook Heights/Scenic Dr intersection & west of Scenic Dr/20 Street So. intersection.
- 4 km on sidewalk west of College Drive, just north of intersection of College Drive & Lethbridge College Ring Road.
- Finish Line** Lethbridge College, south side on College Drive So. At east end of the parking curb, centered on the curb.



start
College Ring Rd (W) - ER
College Dr So - ER
College Dr So - LCL
Scenic Pathway (W/bnd) - ROC
Turn Around - ER
Scenic Pathway (E/bnd) - ROC
College Dr sidewalk - ROC
College Ring Rd (E) - ER
finish

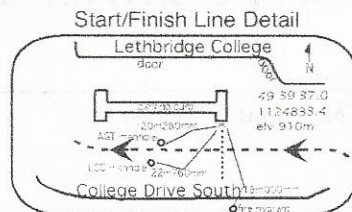
RCL - Right Curb Lane
ROC - Right of Centre
LCL - Left Curb Lane
LOC - Left of Centre
ER - Entire Road

From the combined start/finish line at the south side of the Lethbridge College, all corners are to be coned and marshalled.

All split locations (each km & mile out/remains) are marked with a pk nail & washer, painted, GPS referenced and documented.

Course Measurer: Shawn Pinder 403-327-2241
Brendt Lukinuk 403-380-4775

Course Measured: May 19th, 2009



AB-2009-107-BDC