



Athletics Canada/Run Canada Measurement Certificate

Name of the course Stampede Road Race 10 K Distance 10 km
Location (city) Calgary (province) Alberta
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 99.3 % dirt % gravel % grass 0.7 % track %
Elevation (meters above sea level) Start 1100 m Finish 1095 m Highest 1110 m Lowest 1080 m
Straight line distance between start & finish 480 m Drop 0.5 m/km Separation 4.8 %
Measured by (name, address, phone & e-mail) Jim Clampett 24 Scenic Glen Crescent NW
Calgary, Alberta, T3L 1K7 403-242-2267
Race contact (name, address & phone) Jeremy Deere 421 Cougar Ridge Drive SW
Calgary, Alberta, T3H 4Z9 403-589-2013
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: June 17, 2009
Race date: Course paperwork submission date: June 23, 2009
Replaces: (if applicable) Certification code: AB-2009-079-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: June 24, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

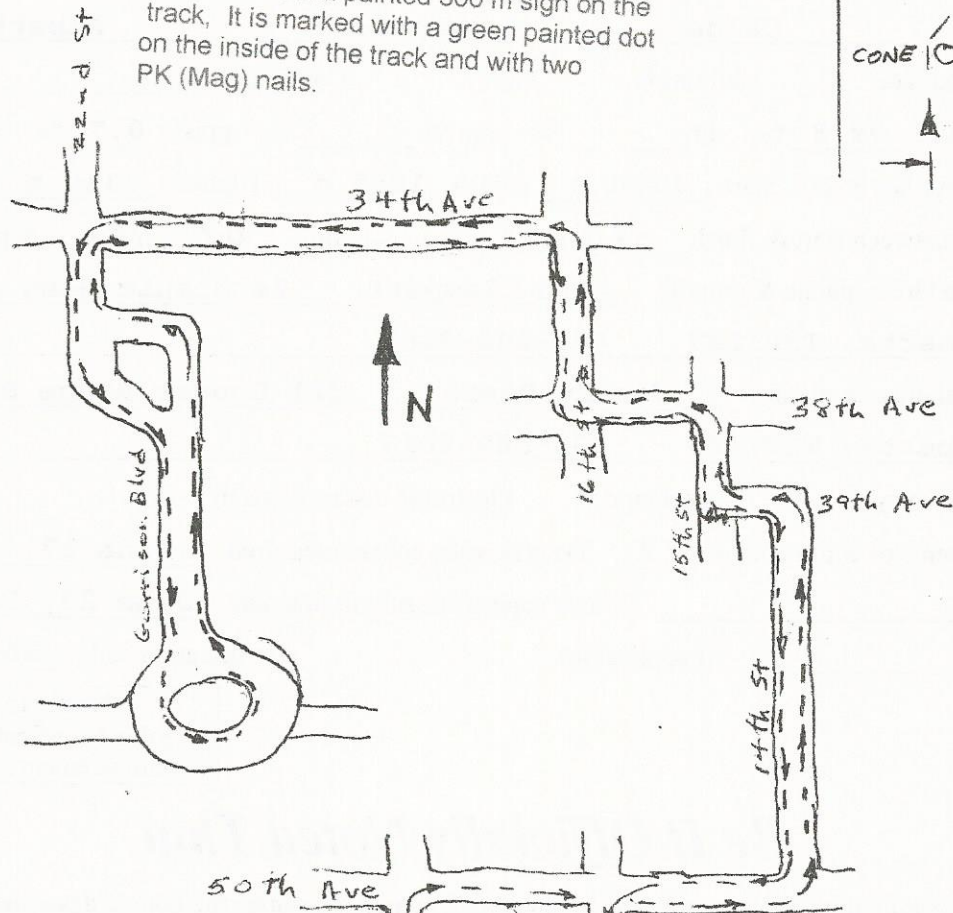
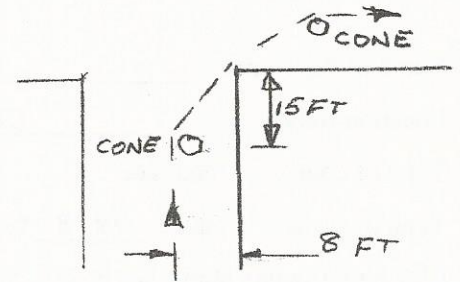
STAMPEDE ROAD RACE 10 K

DETAIL

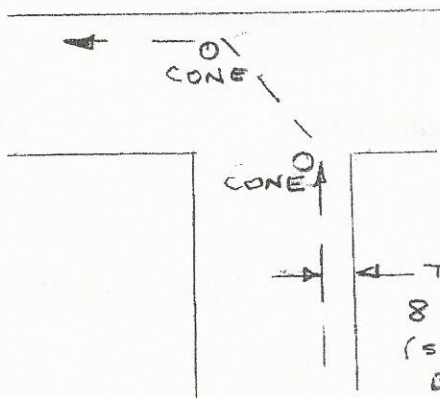
RIGHT TURN

The START is on 16th Ave SW 37 feet west of the last lamp post just before the guard station. It is marked with three green paint dots and a PK (Mag) nail.

The FINISH is on the track 19 feet counter clockwise from a painted 300 m sign on the track. It is marked with a green painted dot on the inside of the track and with two PK (Mag) nails.

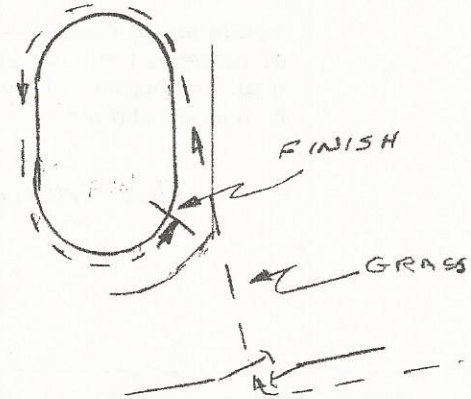


DETAIL LEFT TURN



TYPICAL
8 FT FROM CURB
(STREETS WILL BE
BLOCKED OFF BUT
CARS WILL BE PARKED)

OVAL TRACK



AB-2009-079-BDC