



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Calgary 5 km Distance 4.8246 km  
Location (city) Calgary (province) Alberta  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 1050 m Finish 1050 m Highest 1055 m Lowest 1049 m  
Straight line distance between start & finish 271 m Drop 0 m/km Separation 5.6 %  
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW  
Calgary, AB, T2V 3M2 403-874-1185  
Race contact (name, address & phone) Jim Perry P.O. Box 296, Station M,  
Calgary, AB, T2P 2H9 403-264-2996  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: April 30, 2009  
Race date: May 31, 2009 Course paperwork submission date: May 8, 2009  
Replaces:                      (if applicable) Certification code: AB-2009-038-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

**AS NATIONALLY CERTIFIED BY:**

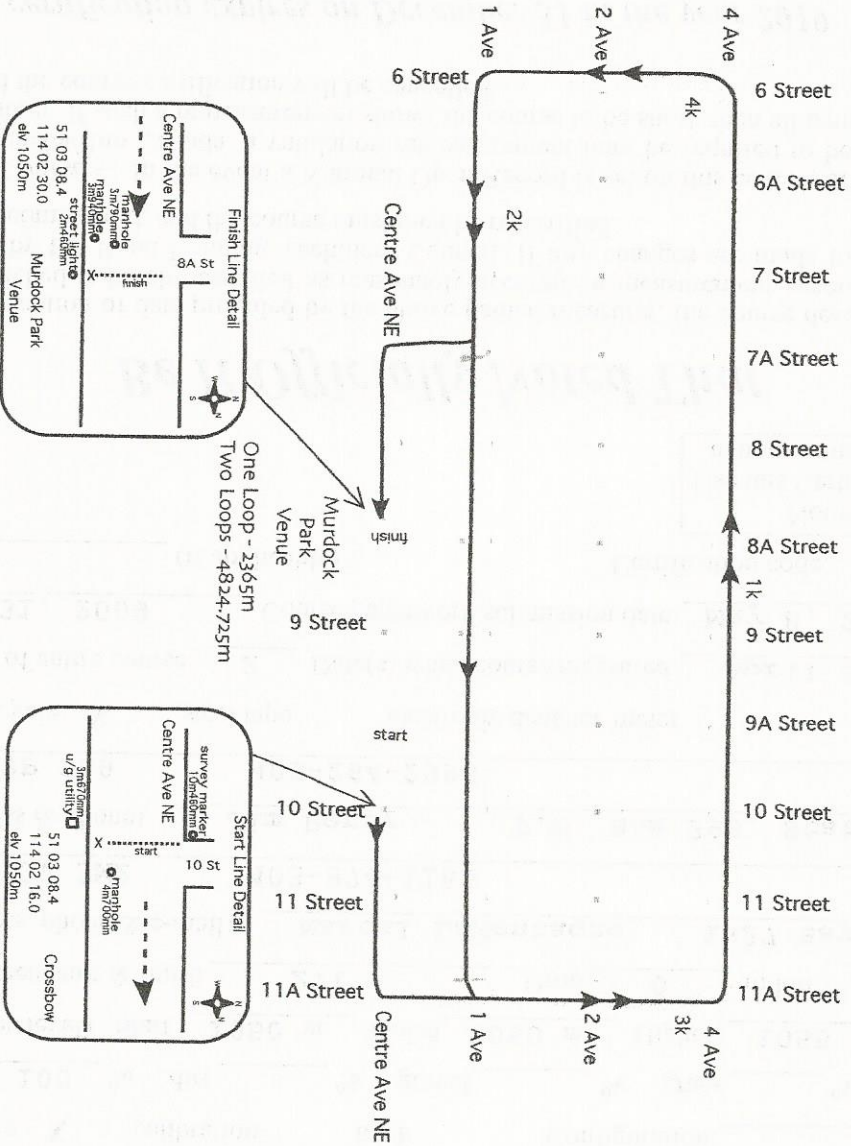
Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: May 9, 2009

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Calgary 5 km



- Start
- Centre Ave - ROC
- 11A Street - ROC
- 4 Ave - ROC
- 6 Street - ROC
- 1 Ave - ROC
- 11A Street - ROC
- 4 Ave - ROC
- 6 Street - ROC
- 1 Ave - ROC
- 7A Street - ER
- Centre Ave - ER
- Finish
- ER - Entire Road
- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre

Start/finish and turn around points are marked with a pk nail & washer, painted, GPS referenced and measured to a permanent location.

From the combined start/finish line at the south side of Murdock Park, all corners are to be coned and marshaled.

Course Measurer: Marcel LaMontagne 403.874.1185  
Date: April 30, 2009