



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Calgary Police 5 km Distance 5 km  
Location (city) Calgary (province) Alberta  
Type of course: road race ☒ calibration track Configuration: Out/Back  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 1126 m Finish 1126 m Highest 1126 m Lowest 1097 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW  
Calgary, Alberta, T2V 3M2 403-874-1185  
Race contact (name, address & phone) Guy Slater 133 - 6 Ave. SW  
Calgary, Alberta, T2G 4Z1 403-804-9055  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: April 17, 2009  
Race date: Apr. 26, 2009 Course paperwork submission date: April 20, 2009  
Replaces: AB-2008-012-BDC (if applicable) Certification code: AB-2009-030-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

AS NATIONALLY CERTIFIED BY:

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: April 26, 2009

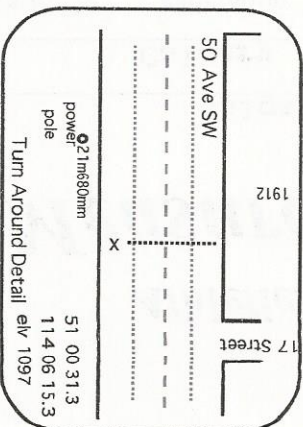
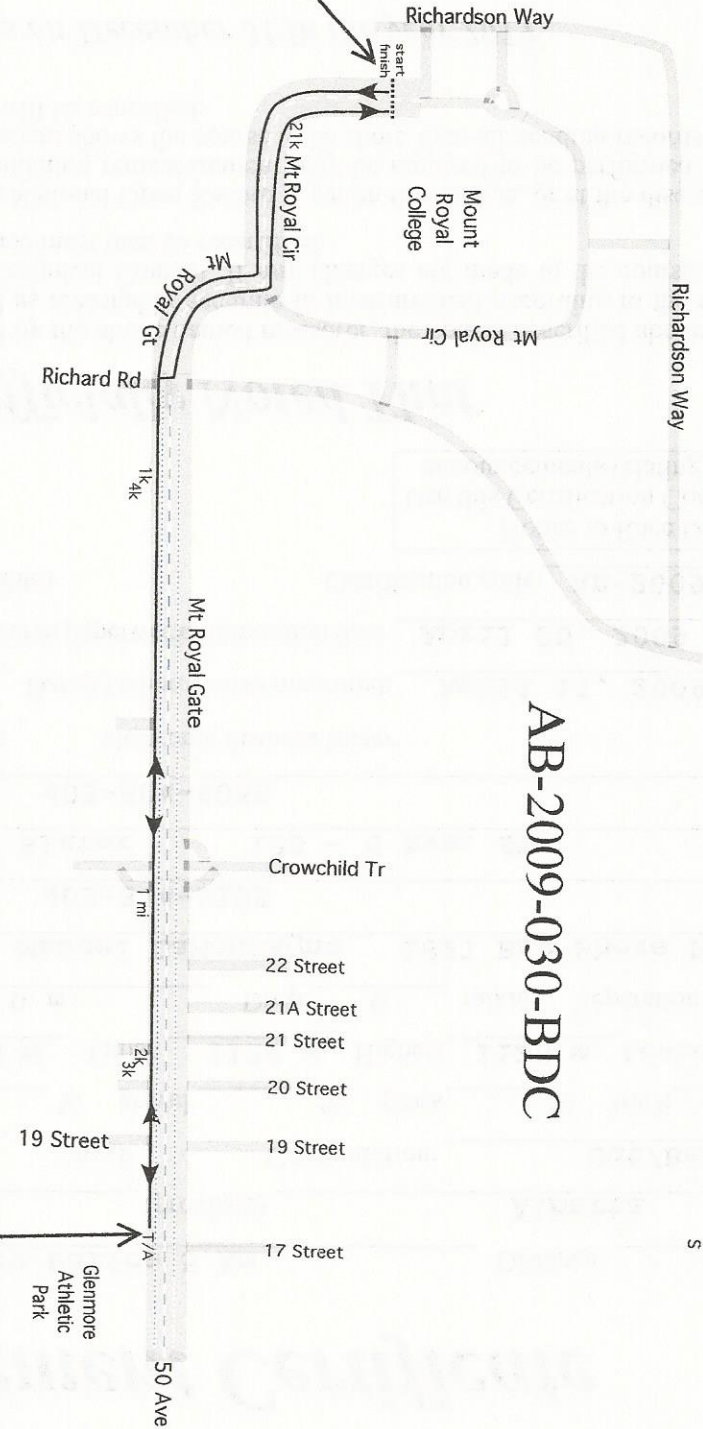
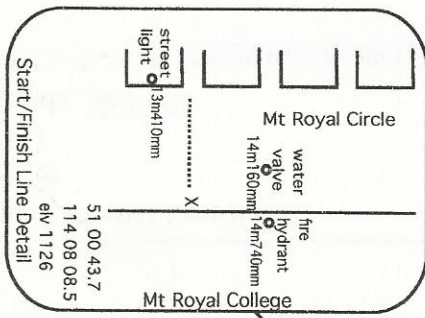
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

Calgary Police 5 km



AB-2009-030-BDC



Start  
 Mt Royal Circle - ER  
 Mt Royal Gate - ROC  
 Mt Royal Gate - RCL  
 50 Ave - RCL  
 Turn Around  
 50 Ave - ROC  
 Mt Royal Gate - LCL  
 Mt Royal Gate - ROC  
 Mt Royal Circle - RCL  
 Finish

ER - Entire Road  
 RCL - Right Curb Lane  
 ROC - Right of Centre  
 LCL - Left Curb Lane  
 LOC - Left of Centre

All split locations (each km & mile out/remains) are marked with a pk nail & washer, painted, GPS referenced and measured to a permanent object.  
 From the combined start/finish line at the west side of the Mount Royal College, all corners are to be coned and marshalled.  
 Course Measurer: Marcel LaMontagne 403.874.1185  
 Course Measured: April 5, 2009