



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Lethbridge 4 Miler Distance 4 miles  
Location (city) Lethbridge (province) Alberta  
Type of course: road race ☒ calibration track Configuration: Out/Back  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 910 m Finish 910 m Highest 910 m Lowest 908 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW  
Calgary, Alberta, T2V 3M2 403-874-1185 & Shawn Pinder  
Race contact (name, address & phone) Shawn Pinder 2646 South Parkside Dr.  
Lethbridge, Alberta, T1K 0C4 403-327-2241  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: April 5, 2009  
Race date: \_\_\_\_\_ Course paperwork submission date: April 17, 2009  
Replaces: \_\_\_\_\_ (if applicable) Certification code: AB-2009-027-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2019*

**AS NATIONALLY CERTIFIED BY:**

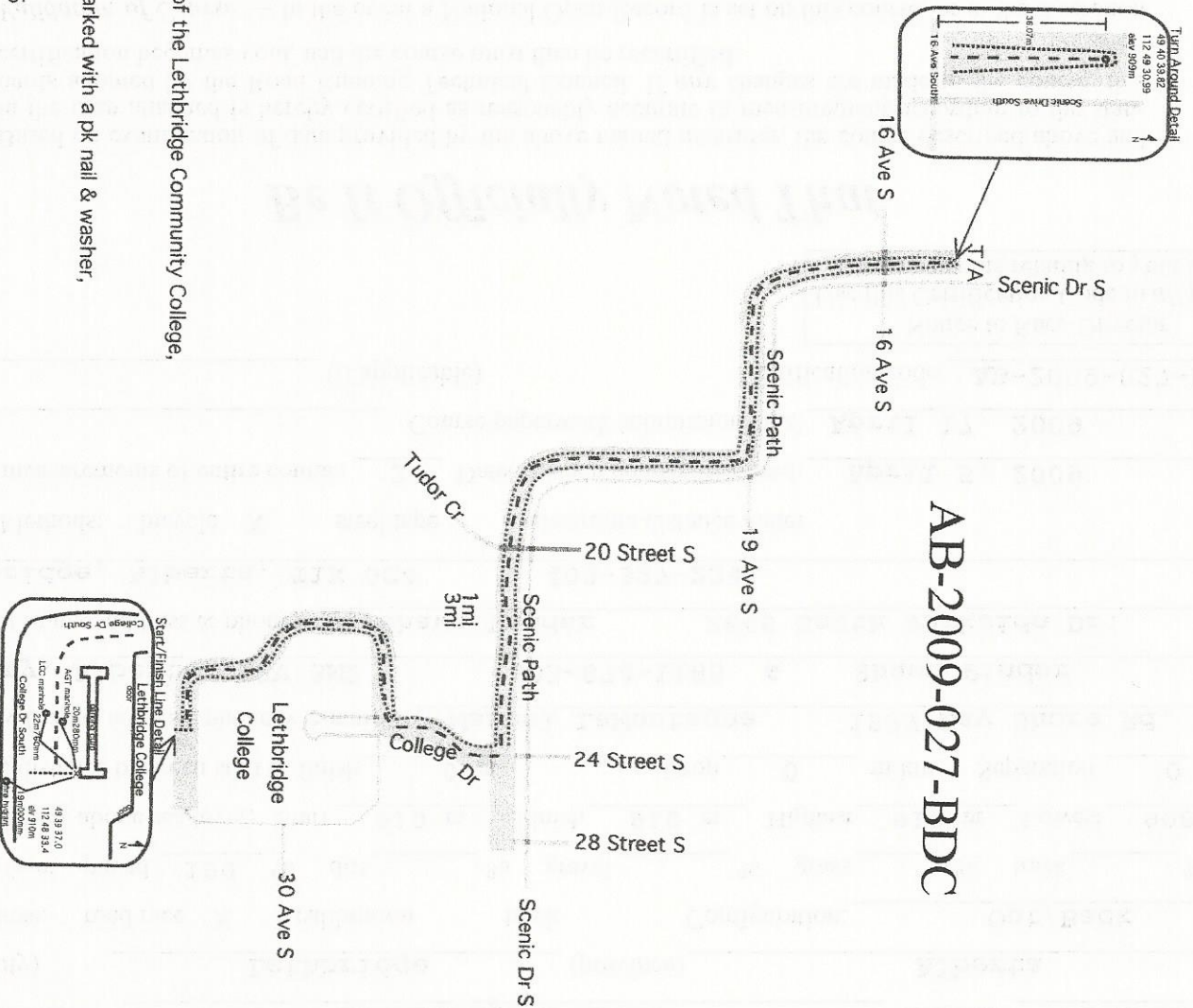
Bernard Conway Date: April 22, 2009  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Lethbridge Four Miler



AB-2009-027-BDC



- start
- College Drive South - ROC
- Scenic Drive Pathway - ER
- Turn Around - ER
- Scenic Drive Path - ER
- College Drive South - RCL
- finish
- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre
- ER - Entire Road

From the combined start/finish line at the south side of the Lethbridge Community College, all corners are to be coned and marshalled.

All split locations (each km & mile out/remains) are marked with a pk nail & washer, painted, GPS referenced and described.

Course Measurers: Marcel LaMontagne 403.874.1185

Shawn Pinder 403-327-2241

Brendt Lukinuk 403-380-4775

Course Measured: April 5, 2009