



Athletics Canada/Run Canada Measurement Certificate

Name of the course Classique du Parc Lafontaine 5K Distance 5 km
Location (city) Montréal (province) Québec
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 49 m Finish 41 m Highest 52 m Lowest 30 m
Straight line distance between start & finish 337 m Drop 1.6 m/km Separation 6.7 %
Measured by (name, address, phone & e-mail) Christine Bush 130 Maria, Lasalle, QC
H8R 3M1 514-365-2274 & Mark McGowan
Race contact (name, address & phone) Jean Pierre Champagne 25 rue Émard,
Vaudreuil-Dorion, QC, J7V 7N9
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Oct. 5, 2008
Race date: _____ Course paperwork submission date: Oct. 11, 2008
Replaces: _____ (if applicable) Certification code: QC-2008-077-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

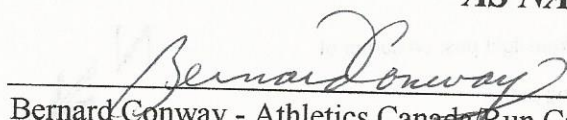
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:



Bernard Conway - Athletics Canada/Run Canada National Certifier

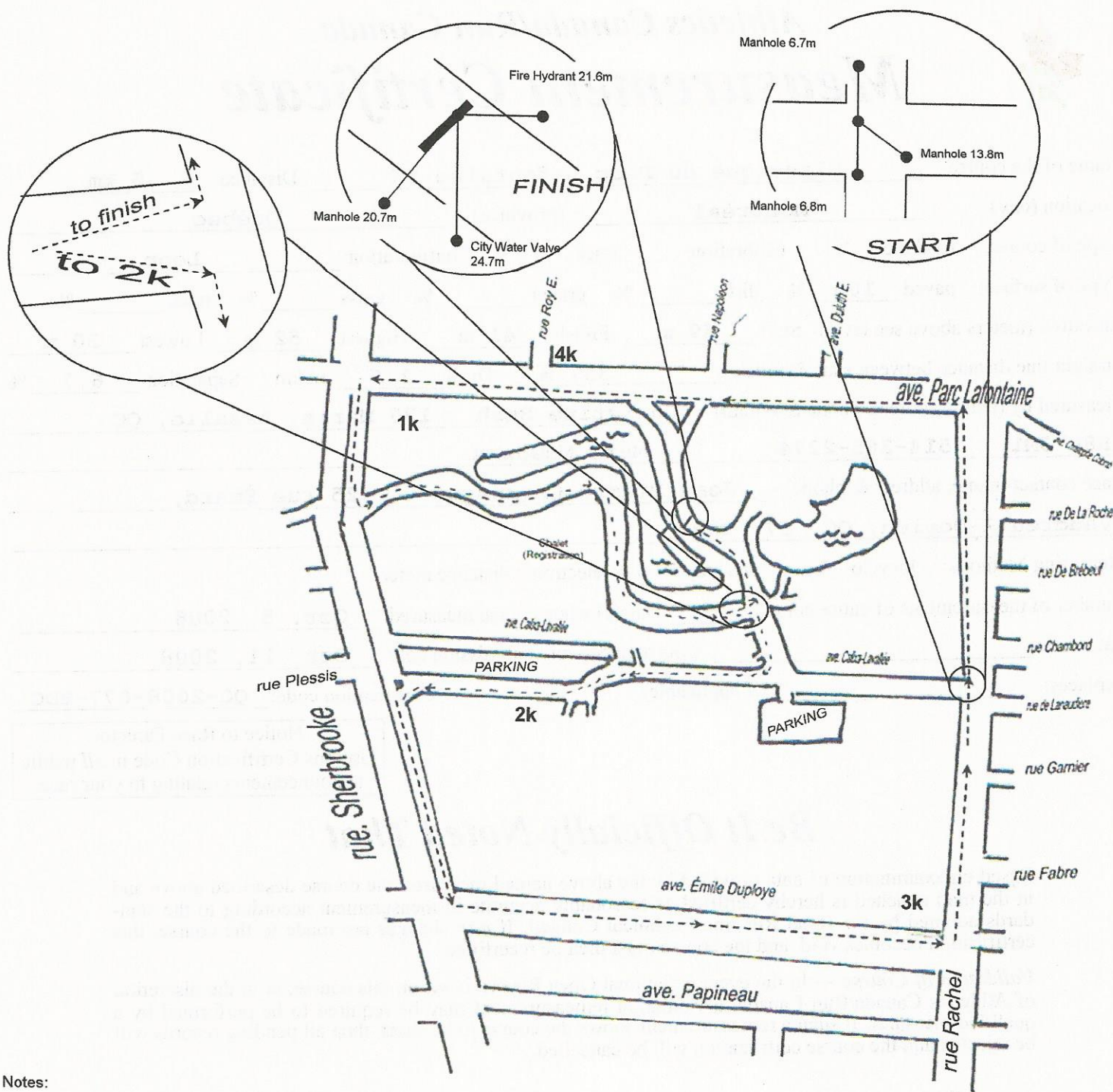
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Date: Oct. 16, 2008

Classique du Parc La Fontaine 5k



Notes:

Measured by Mark McGowan & Christine Bush Sept. 11, 2008

Course is run entirely on paved surface, a mix of city streets and paths through park.

1k – 10.3m from bus shelter on north east corner of rue Cherrier & ave. Parc Lafontaine, and 14.2m from light post on corner of rue Cherrier & ave. Parc Lafontaine.

2k – In front of 3696 ave. Calixa-Lavallée, 3.6m from parking sign on east side of parking lot on walking path.

3k – 6.7m from light post on south west side corner of rue Fabre & of rue Rachel

4k – In front of 3776 rue Parc Lafontaine east side of intersection with rue Roy E.



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