



Athletics Canada/Run Canada Measurement Certificate

Name of the course Soulanges Canal Path 300 m Cal. Course Distance 300 m
Location (city) Coteau-du-lac (province) Quebec
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 48 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) André Paquette 4560 Roger, Pierrefonds,
Québec, H9J 1Z5 514-624-1310 and Alex Maclean Les Cédres, Québec
Contact (name, address & phone) _____

Measuring Methods: steel tape ☒ electronic distance meter

Number of measurements of entire course: two Date(s) when course measured: April 27, 2008

Course paperwork submission date: May 5, 2008

Replaces: _____ (if applicable)

Certification code: _____

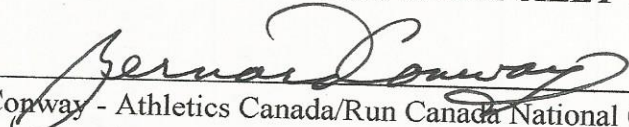
QC-2008-019-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: May 15, 2008

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

DÉFI TRI-O-LACS
COTEAU-DU-LAC (QUÉBEC)

300 m – CANAL SOULANGES CYCLING PATH

Central line of Cycling
Path Entrance

SOULANGES CANAL CYCLING PATH

Private garage

27,290 m

21,263 m

300 m

Mag

Mag

3,200 m

22,435 m

A-2

A-2
Anchoring post for boats

A-1

A-1
Anchoring post for boats

N

A-1 & A-2 are anchoring posts along the South bank of Soulanges Canal,
Private garage of a south facing house (north-west corner) was used.
The painted central line of the entrance to the Cycling Path was used

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