



# Athletics Canada/Run Canada Measurement Certificate

Name of the course The Re-Fridgee Eighter Distance 8 km  
Location (city) Waterloo (province) Ontario  
Type of course: road race ☒ calibration track Configuration: Keyhole  
Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track \_\_\_\_\_ %  
Elevation (meters above sea level) Start 330 m Finish 330 m Highest 330 m Lowest 316 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Cres., London,  
N6J 1S8 519-641-6889 & Lloyd Schmidt  
Race contact (name, address & phone) Lloyd Schmidt 2 Weberlyn Crt., Conestogo,  
Ontario, N0B 1N0 519-664-1331  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 2 Date(s) when course measured: Nov. 30, 2008  
Race date: Feb. 15, 2009 Course paperwork submission date: Dec. 2, 2008  
Replaces: \_\_\_\_\_ (if applicable) Certification code: ON-2008-096-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2018*

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway Date: Dec. 2, 2008  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory  
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

## Re-Fridgee Eighter 8 km Road Race

Start - north side of the drain north of the entrance of the parking lot north of the children's play area at the east end of Rim Park.

1 km - 13 m south of the walkway south of Woolwich St. on University Ave. E.

2 km - on University Ave. E. on the south-west corner with Lexington Rd. Even with the hydro-pole/lamppost.

3 km - 19 m north of the parking lot of Auburn Centre on University Ave. E.

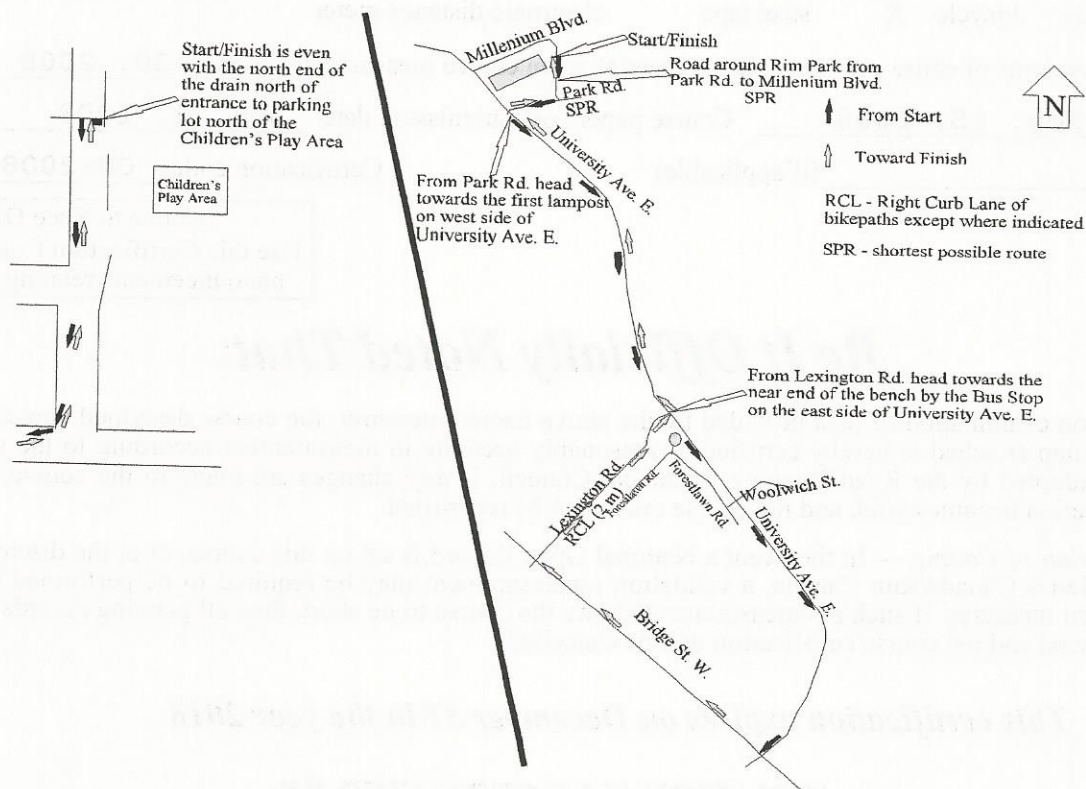
4 km - 12 m north of the post with the guy-wire and the 50 kph sign, opposite post #LB-14-3421 on Bridge St. W.

5 km - 44 m south of the walkway south of Lexington Rd. On Bridge St. W.

6 km - 6 m west of University Ave. E., on Lexington Rd.

7 km - 23 m south of the walkway south of Woolwich St. on University Ave. E.

8 km (Finish) - same as the start.



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