



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Old Montreal 300 m Cal. Course Distance 300 m
Location (city) Cumberland (province) Ottawa
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 150 ft
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) Dave Yaeger 3 Provender Ave., Ottawa, ON
K1K 4N3 and Paul Daroszewski
Contact (name, address & phone) _____

Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: Sept. 27, 2008
Course paperwork submission date: Oct. 22, 2008
Replaces: ON-2002-035-BDC (if applicable) Certification code: _____

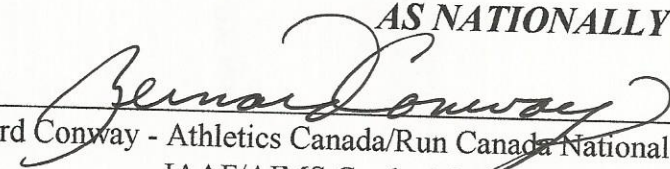
ON-2008-083-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

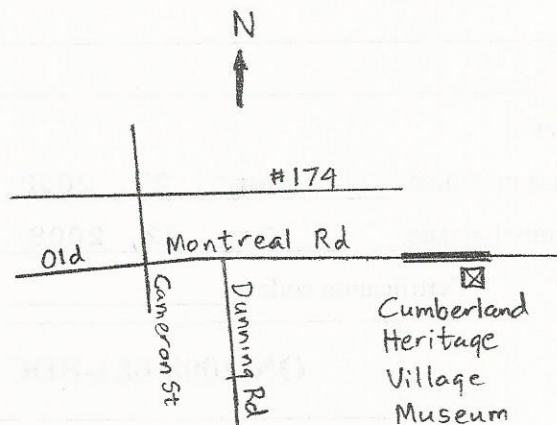
AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier Date: Oct. 23, 2008
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

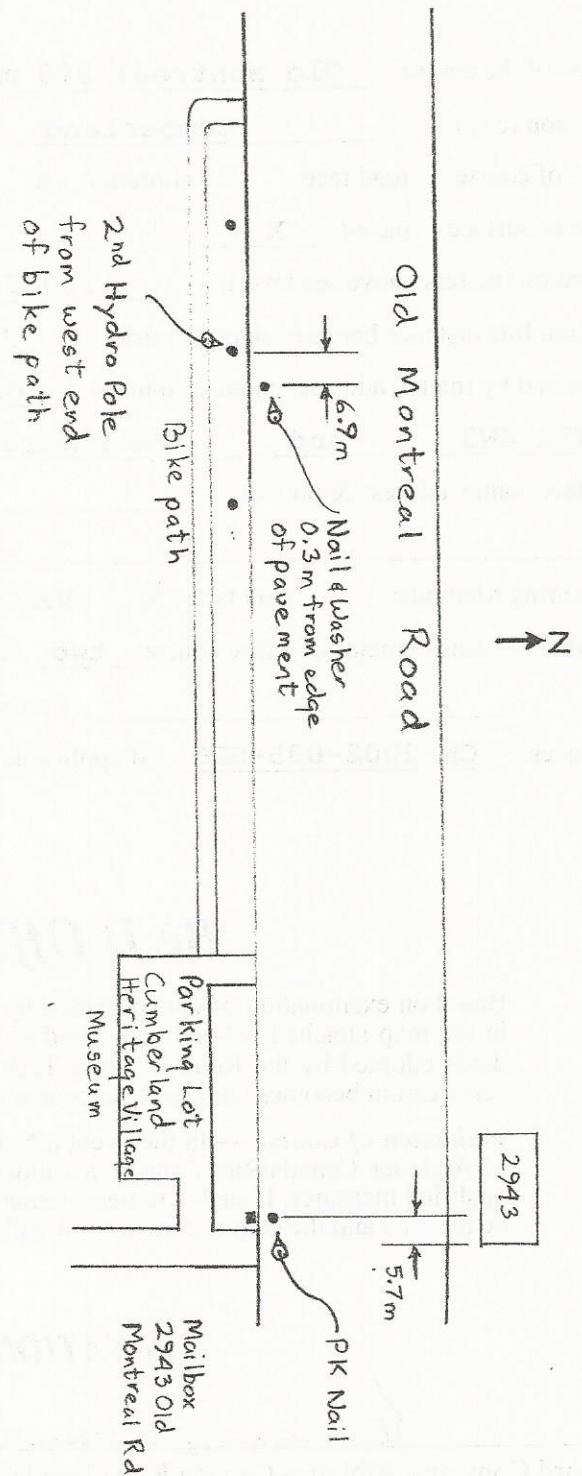
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

CALIBRATION COURSE
 OLD MONTREAL ROAD
 Cumberland, Ont
 300.00 m



Key Plan

Dave Yaeger
 3 Provender Ave
 Ottawa, ON
 K1K 4N3
 613-744-6007
 September 2008



ON-2008-083-BDC