



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Colleen Lantz Memorial Run 4 Youth 10 km Distance 10 km  
Location (city) Neustadt (province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop  
Type of surface: paved 95 % dirt     % gravel 5 % grass     % track     %  
Elevation (meters above sea level) Start 282 m Finish 282 m Highest 335 m Lowest 282 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Cres., London  
Francine Johnston Sparta, Ontario  
Race contact (name, address & phone) Alicia Lantz 209 Forler St., Neustadt, Ontario  
N0G 2M0 519-799-5423  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 3, 2008  
Race date: Aug. 9, 2008 Course paperwork submission date: Aug. 7, 2008  
Replaces:     (if applicable) Certification code: ON-2008-051-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2018*

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway Date: Aug. 7, 2008  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

## Colleen Lantz Memorial Run 4 Youth 10 km

**Start** – in Neustadt Lions Community Park on the road adjacent to David Winkler Parkway opposite the north end of the covered pavilion.

**1 km** – on Queen St. opposite middle of intersection at Forler St., even with east side of drain.

**Turnaround** – 9.81 m east of being in line with the sign for 706 Queen St.

**2 km** – 15 m south of the main part of the building “Antiques Beyond the Silk Road” [old flour mill],

3 m south of the intersection of Mill St. & Jacob St.

**2.5 km** – 5 m north of the “Community Safety Zone” sign, north of the gravel road to Neustadt water tower on

Jacob St. (Grey Rd. 10)

**3 km** – 15 m south of the south side of first house south of the Neustadt water tower (#012316) on Jacob St. (Grey Rd. 10)

**4 km** - 37 m east of Grey Rd. 10 (Jacob St.) on Concession 12.

**5 km** – 81 m west of  
18117 Concession 12.

**6 km** – 6 m north of  
Concession 12 on  
Sideroad 5.

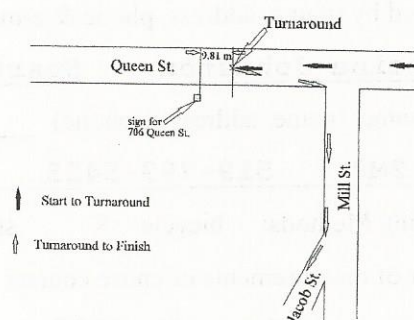
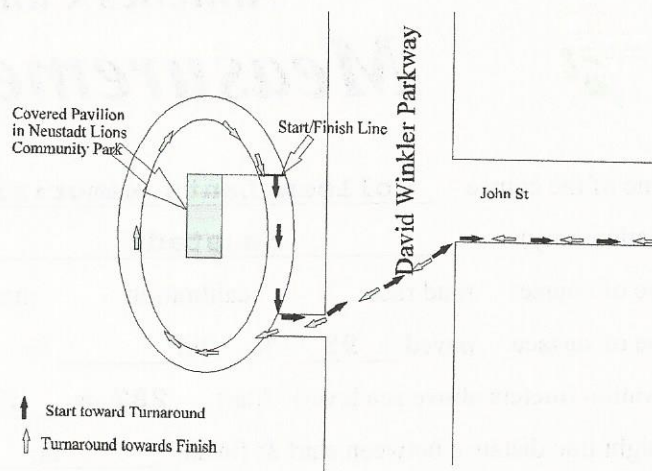
**7 km** – 4 m north of the  
north fence of hydro  
transformer station on  
Sideroad 5.

**7.5 km** – 2 m south of north  
side of yellow and brown  
barn (on William St.).

**8 km** – 11 m west of white  
house at 237 William St.

**9 km** – 24 m north of  
Stephana St. on Barbara St.

**10 km Finish** – same as the  
start.



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