



Athletics Canada/Run Canada Measurement Certificate

Name of the course Colleen Lantz Memorial Run 4 Youth 5 km Distance 5 km
Location (city) Neustadt (province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop
Type of surface: paved 70 % dirt % gravel 30 % grass % track %
Elevation (meters above sea level) Start 282 m Finish 282 m Highest 300 m Lowest 282 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Cres., London
Francine Johnston Sparta, Ontario
Race contact (name, address & phone) Alicia Lantz 209 Forler St., Neustat, Ontario
NOG 2M0 519-799-5423
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 3, 2008
Race date: Aug. 9, 2008 Course paperwork submission date: Aug. 7, 2008
Replaces: (if applicable) Certification code: ON-2008-050-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Aug. 7, 2008
Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

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Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Colleen Lantz Memorial Run 4 Youth 5 km

Start – in Neustadt Lions Community Park on the road adjacent to David Winkler Parkway opposite the north end of the covered pavilion.

1 km – 2 m north of the north side of 3J's Groceteria at 529 Mill St.

2 km – 6 m east of the west side of the white house at 237 William St.

Turnaround – 15.10 m south of the south side of the house on the west side of Sideroad 5 in line with the sign indicating direction of lot 032340, approximately 5 m south of the hydro pole whose wires diverge by Lorne Plantz farm, near the entrance to snowmobile path.

3 km – on gravel snowmobile path near the corner of barn to west. Marked with spike and an orange marker.

4 km – 5 m north of the south side of the barn to east on the snowmobile path north of Queen St. Marked with a spike and an orange marker.

5 km Finish – same as start.

