



Athletics Canada/Run Canada Measurement Certificate

Name of the course Forest City Marathon Distance 42.195 km
Location (city) London (province) Ontario
Type of course: road race ☒ calibration track Configuration: _____
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 247 m Finish 247 m Highest 256 m Lowest 229 m
Straight line distance between start & finish 52 m Drop 0 m/km Separation 0.12 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, Canada, N6J 1S8 519-641-6889
Race contact (name, address & phone) Todd Allen c/o Thames Valley Children's Centre,
779 Baseline Rd. E., London, ON, N6C 5Y6
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 5 & 7, 2008
Race date: May 11, 2008 Course paperwork submission date: April 10, 2008
Replaces: ON-2006-009-BDC (if applicable) Certification code: ON-2008-007-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 10, 2008

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Forest City Marathon Splits

Start - on Dufferin Ave., 0.5 m east of the middle of the double doors of London Life.

5 km - 3 m south of the start of Alumni Riverwalk Trail, south of tennis courts, 14 m north of lights on Practice Field on Perth Drive.

10 km - east side of 343 Victoria St.

15 km - 5 m east of the west side of 59 Sunnyside Drive, east of North Centre Rd.

20 km - opposite the fire hydrant on Talbot St. (west side) north of Central Ave. at turn.

Turnaround - on Greenside Drive, 23.45 m north of the north curb of Springbank Drive.

25 km - 1.5 m south of the line of large rocks on connecting road between Greenside Drive and Greenway Park

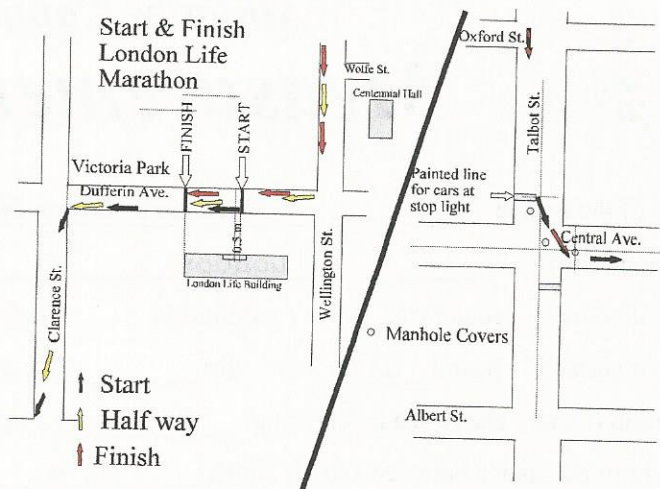
Clockwise **30 km** - at west end of Springbank Park 23 m south of south curb of entrance into centre parking lot

Counter Clockwise **30 km** - at west end of Springbank Park on lower road 7 m east of concession stand on hill, 9 m east of 30 km/h sign.

35 km - on the bikepath, 10 m south of the Terry Fox Parkway sign near the Rowing Club.

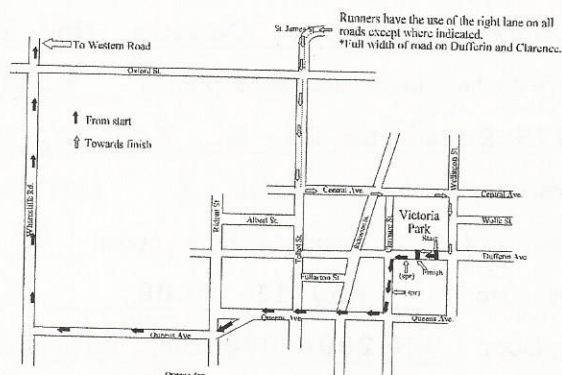
40 km - west side of the west wall of the house at 42 Oxford St.

Finish - even with the west side of the London Life building on Dufferin St.

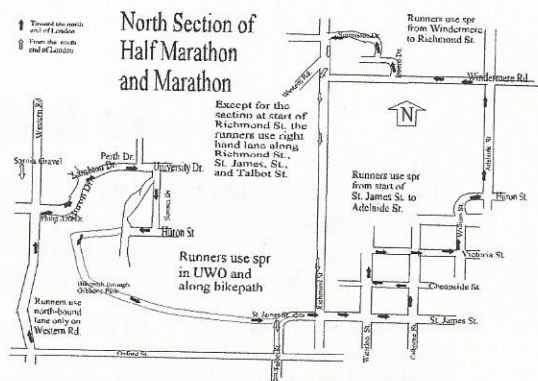


Forest City Marathon Part A

DIRECTIONS

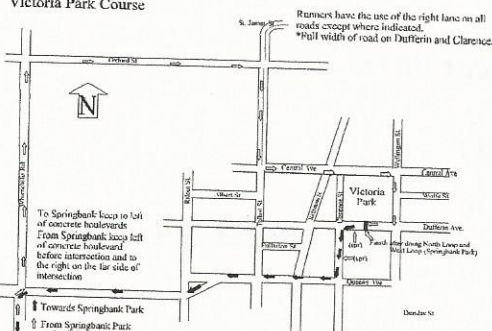


North Section of Half Marathon and Marathon

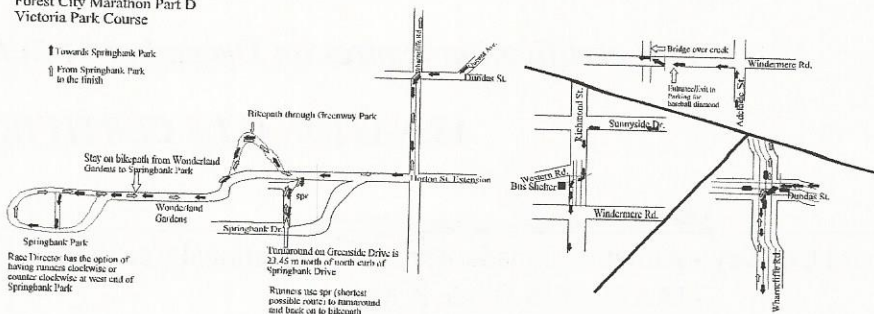


Forest City Marathon Part C
Victoria Park Course

DIRECTIONS



Forest City Marathon Part D
Victoria Park Course



ON-2008-007-BDC