## Athletics Canada/Run Canada

# Measurement Certificate

Name of the course $5R$	SM Run For Hope		Dis	stance <u>5,000</u>	m	
Location (province) On	tario	(city)	Oakville			
Type of course: road rac	e √ calibration O track (	) (	Configuratio	n <u>one loop</u>		
Type of surface: paved_		gravel		rass%	6 track %	)
Altitude (feet/metres above	sea level) Start 313ft	Finish 313ft	Hig	hest 331ft	Lowest 285ft	
Straight line distance between	een start & finish <u>0 m</u>	1	Drop <u>0</u>		Separation 0 %	
Measured by (name, address	s, & phone <u>Peter Pimm, 20 Pr</u>	ince Arthur Ave,	# 5D, Toront			
	s, phone, email, web site) Caro					atico.ca
Measuring methods: bicy	vele √ steel tape O electro					
Number of measurements of	of entire course: 2 D	ate(s) when cour	rse measured	d August 19,	2008	
Race dateSeptember Octo	ber 13, 2008 Cou	rse paperwork po	ostmark date	e: <u>September</u>	5, 2008	
			Certifica	tion code: <u>ON</u>	<i>I-2008-002-JHC</i>	
Replaces: ON-2007-003-JHC			Notice to Race Director Use this Certification Code in <i>all</i> public announcements relating to your race.			
	Be It Offic	ially No	ted Th	at		

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

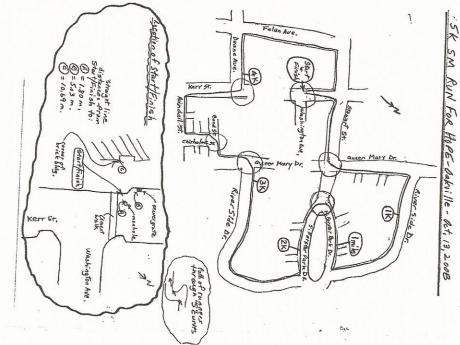
This Certification expires on September 11 in the year 2018.

## AS NATIONALLY CERTIFIED BY:

Date: September 11, 2008

John Craig - Athletics Canada/Run Canada National Certifier 1185 Eglington Ave. East, Suite 601, Toronto, Ont., M3C 3C6

Phone: 905-881-8520 (H) 416-426-7214 (W) Fax: 416-426-7358 E-mail: ontrack@echo-on.net



Path of runners at North Forster Park Dr. & South Forster Birk Dr.



# Route Description of 5K SM Run For Hope in 2008

RH of Mances at Kirch Deane hydro pole

manhale covers

Path of rumers of Stewart & Queen Mary

It - on Kerr St. - on north side of Washington Ave, intersection (see accompanying diagram on map) - in the southbound lanes

ewart St. - go east using a 5 feet lane from the curb/shoulder in eastbound lane

teen Mary Dr. - go north using a 5 feet fane from the curb/shoulder in the northbound

Bath Arunners at Riverside & Queen Mary

-sidewalk

 $\label{eq:continuous} \mbox{$n$th Forster Park Dr.} - \mbox{$g$o west using a 5 feet lane from the curb/shoulder in westbound lane, then south using a 5 feet lane from the curb/shoulder in the southbound to$ verside Dr. – go east using a 5 feet lane from the curb/shoulder in the eastbound lane, then go south using a 5 feet lane from the curb/shoulder in the southbound lane to

nuth Forster Park Dr. - (see accompanying schematic) go east using a 5 feet lane from the curb/shoulder in the eastbound lane to

seen Mary Dr. - (see accompanying schematic) go south using a 5 feet lane from the curb/shoulder in the southbound lane to verside Dr. - go south using a 5 feet lane from the curb/shoulder in the southbound lane, then west using a 5 feet lane from the curb/shoulder in the westbound lane to

ba's shelter

both drunners at Bandachisholm

Riverside Dr.

ranhole

and St. - go.west using a 5 feet lane from the curb/shoulder in the westbound lane to

nisholm St. - (see accompanying schematic) go south using a 5 feet fane from the curb/shoulder in the southbound lane to

err St. - go north using the entire northbound lanes to andall St. - go west using a 5 feet lane from the curb/shoulder in the westbound lane to

Deane Ave. - (see accompanying schematic) go west using a 5 feet lane from the curb/shoulder in the westbound lane to

Stewart St. - go east using a 5 feet lane from the curb/shoulder in the eastbound lane to Felan Ave. - go north using a 5 feet lane from the curb/shoulder in the northbound lane t

Kerr St. - go south using the entire southbound lane to the

Finish line on Kerr St. - on north side of Washington Ave. intersection (see accompanying diagram on map). (see accompanying diagram on map)

Split Locations for 5 km.

Forster Park Dr.

manholes

-paciated line

1 km. - on Riverside Dr. - 3 meters east of east side driveway to property #418

I miles - on North Forester Park Dr - 7 meters east of east side of driveway to property #75

2 km. – on South Forester Park Dr. – about 40 meters west of Oakwood Cr. – 2.5 meters east of fire hydrant on north side of road

4 km. - on Deane Ave. - in front of property #113 - 1 meter west of sewer grate

3 km. – on Riverside Dr. – about 35 meters east of Queen Mary Dr. – 4 meters east of east edge of driveway to property #230