



Athletics Canada/Run Canada Measurement Certificate

Name of the course Ottawa Ave. 500 m Cal. Course Distance 500 m
Location (city) Happy Valley-Goose Bay (province) NL
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt _____ gravel _____ grass _____ track _____
Elevation (meters above sea level) 35 m
Straight line distance between start & finish 500 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) John Houlahan 4 Mealy Mtn. Rd., Box 142,
Stn. C Happy Valley-Goose Bay, NL & Eric Skoglund & Cathy Jong
Contact (name, address & phone) _____
Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: Aug. 2, 2008
Course paperwork submission date: Oct. 8, 2008
Replaces: _____ (if applicable) Certification code: _____

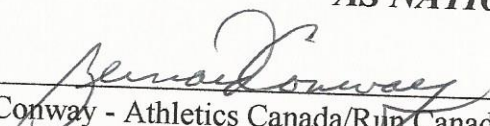
NL-2008-079-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:

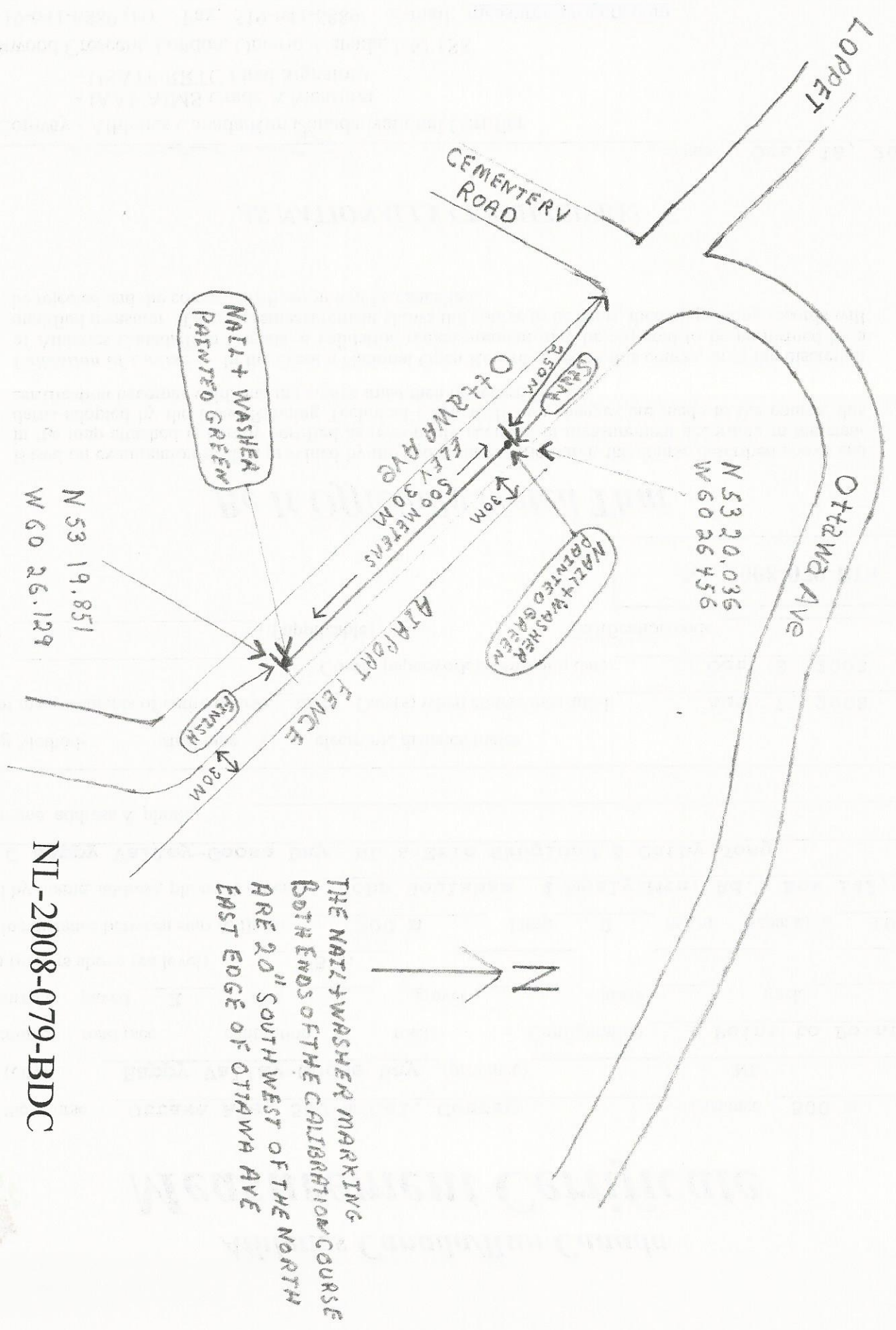

Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Oct. 18, 2008

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Ottawa Ave. Calibration Course (500 METERS)
GOOSE BAY, NEWFOUNDLAND



THE NAIL + WASHER MARKING
 BOTH ENDS OF THE CALIBRATION COURSE
 ARE 20" SOUTH WEST OF THE NORTH
 EAST EDGE OF OTTAWA AVE

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