



Athletics Canada/Run Canada Measurement Certificate

Name of the course Nike + Human Race Distance 10 km
Location (city) Vancouver (province) British Columbia
Type of course: road race ☒ calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 18 m Finish 24 m Highest 24 m Lowest 3 m
Straight line distance between start & finish 346 m Drop -0.6 m/km Separation 3 %
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Rd. SW
Calgary, AB, T2V 3M2 403-874-1185
Race contact (name, address & phone) Trevor Soll 11420 - 74th Ave.
Edmonton, AB, T6G 0E1 780-439-5217
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 10, 2008
Race date: _____ Course paperwork submission date: Aug. 13, 2008
Replaces: _____ (if applicable) Certification code: BC-2008-058-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

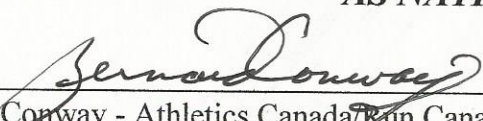
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Aug. 21, 2008

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

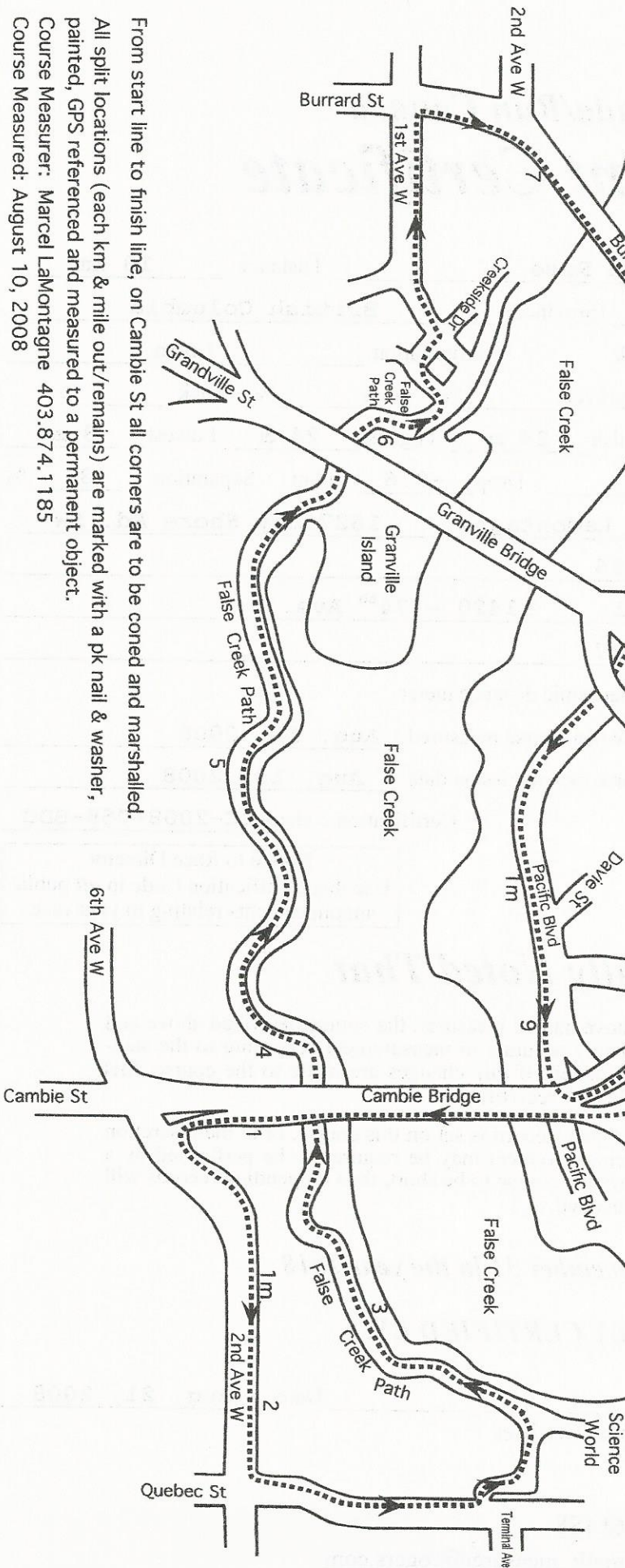
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Nike+ Human Race Vancouver, BC

BC-2008-058-BDC

- start
- Cambie St - ER
- Smithie St - ER
- Cambie Bridge - LCL
- 2nd Ave W - LCL
- Quebec St - LCL
- False Creek Path - ROC
- 1st Ave W - ROC
- 1st Ave W - RCL
- Burrard St - RCL
- Burrard Bridge - RCL
- Pacific Blvd - ROC
- Nelson Slip - ROC
- Nelson St - RCL
- Cambie St - ER
- finish

- RCL - Right Curb Lane
- ROC - Right of Centre
- LCL - Left Curb Lane
- LOC - Left of Centre
- ER - Entire Road



From start line to finish line, on Cambie St all corners are to be coned and marshalled.
All split locations (each km & mile out/remains) are marked with a pk nail & washer, painted, GPS referenced and measured to a permanent object.
Course Measurer: Marcel LaMontagne 403.874.1185
Course Measured: August 10, 2008

