



Athletics Canada/Run Canada Measurement Certificate

Name of the course Richmond Flatlands 10 km Distance 10 km
Location (city) Richmond (province) British Columbia
Type of course: road race ☒ calibration track Configuration: Out/Back two times
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 2 m Finish 2 m Highest 4 m Lowest 2 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Mark Smith 2109 London St., New Westminster
British Columbia, V3M 3E8 604-526-6011
Race contact (name, address & phone) Dean Stanton info@trievents.com
Vancouver, B.C. 604-983-8433
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 4, 2008
Race date: _____ Course paperwork submission date: Aug. 8, 2008
Replaces: BC-2005-081-BDC (if applicable) Certification code: BC-2008-057-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: Aug. 13, 2008
Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

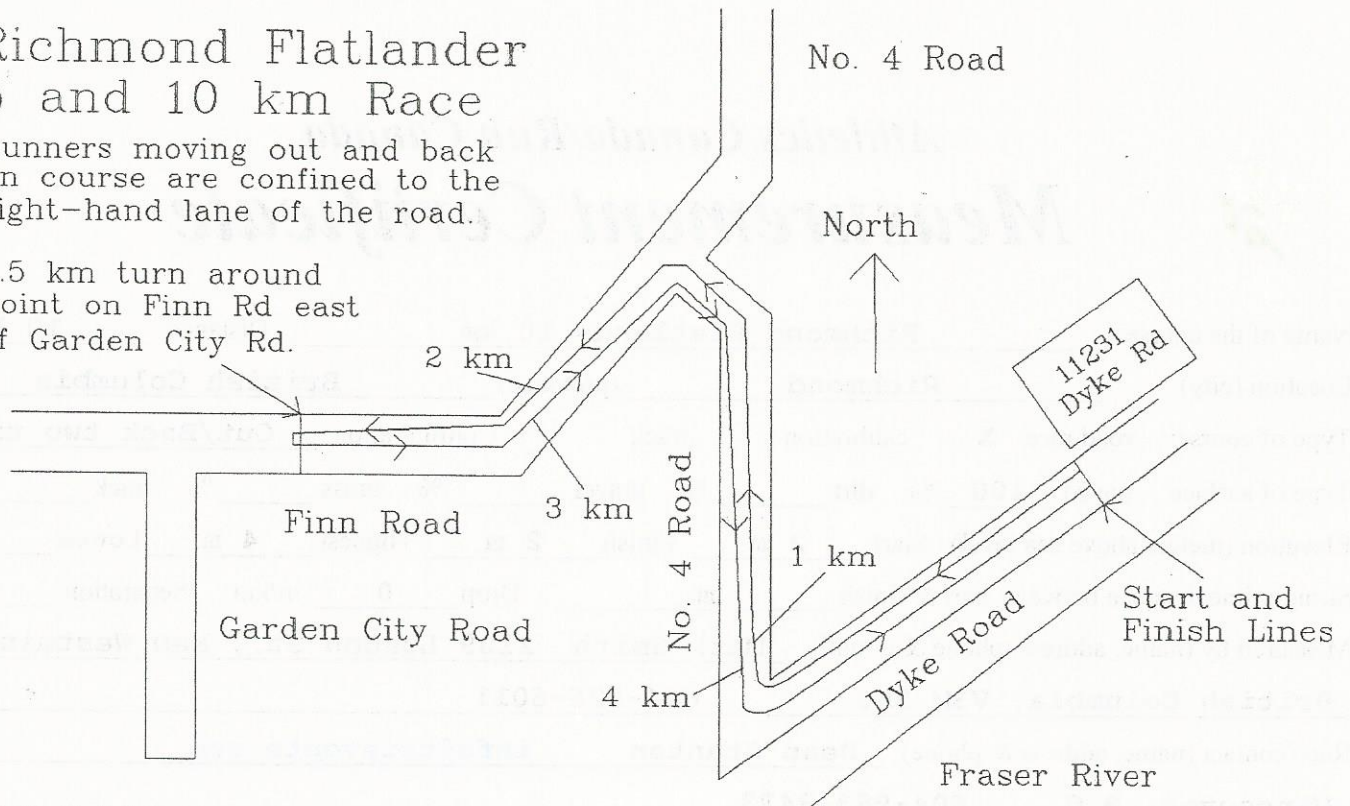
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Richmond Flatlander 5 and 10 km Race

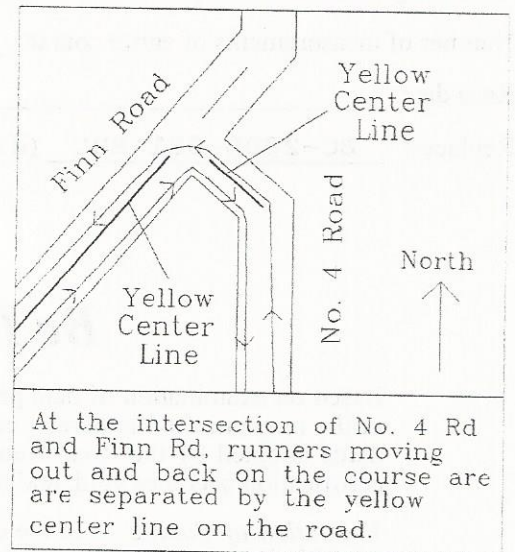
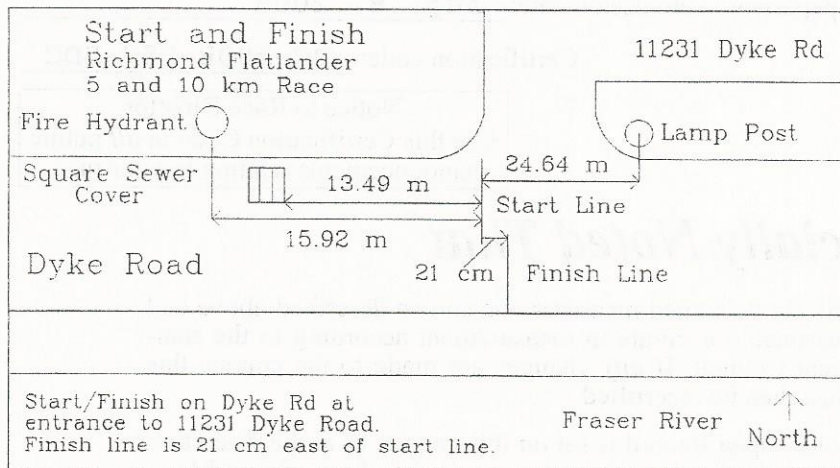
Runners moving out and back on course are confined to the right-hand lane of the road.

2.5 km turn around point on Finn Rd east of Garden City Rd.

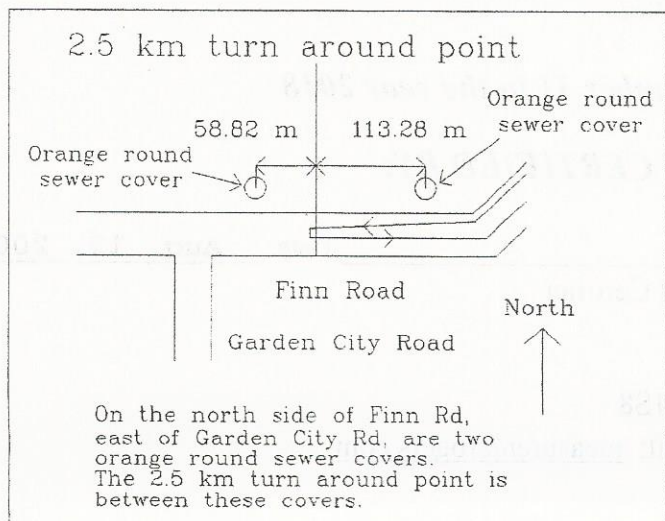


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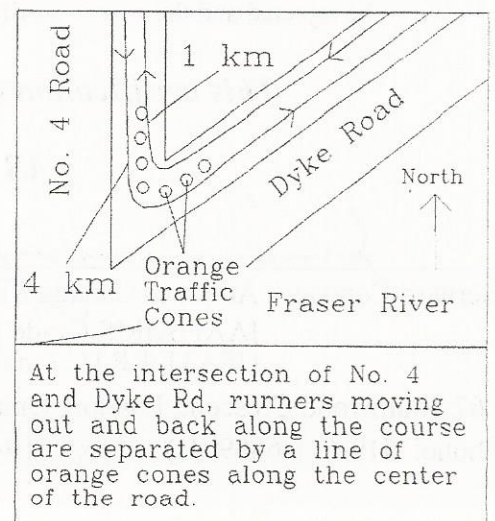
10 km Out/Back 2 Times



At the intersection of No. 4 Rd and Finn Rd, runners moving out and back on the course are separated by the yellow center line on the road.



On the north side of Finn Rd, east of Garden City Rd, are two orange round sewer covers. The 2.5 km turn around point is between these covers.



At the intersection of No. 4 and Dyke Rd, runners moving out and back along the course are separated by a line of orange cones along the center of the road.