

Athletics Canada/Run Canada Measurement Certificate

Name of the course Location (city)	Mother's Day	5K Sprinc	T Classic	D			
Location (city)	Port Moody	(prox	(inca)	D	istance	5	km
Type of course: road race X	calibration	(prov		Briti	sh Co	lumbia	
Type of course: road race X Type of surface: payed 96	Cantilation	track	Configur	ation:	Ou	it/back	
paved 36	% dirt	% gravel	0/0	orogo A	0/		100 W
(Total doore sea leve	i) Start 10 m	Finish	10 m LI	ichast 11		-	
Straight line distance between sta Measured by (name, address, pho	art & finish 100	m	Dron (0 "		Lowest	10 m
Measured by (name, address, pho	one & e-mail) Base	1 24	Diop	m/km	1 Sepa	aration	%
Measured by (name, address, pho	Trac committee Pau	II Adams	#5	5-678 C	tadel	Drive	,
1 1 1 1 1 1 1 1 1 1	A2C PM / P()4-945-46	04				
Race contact (name, address & p. BC, V3J 7J5 60.	none)Jim Tho	mson	9919 R	athhurn	Desire		
BC, V3J 7J5 60	1-421-5394			.c. CIDULII	DITAE	, Burn	aby,
Measuring Methods: bicycle	X steel tape	electronic	distance mete	ar			
Number of measurements of entir Race date:	e course: 2 Do	te(c) when an	- Incle				
Race date:	Da	uc(s) when co	urse measured	:_ April	22,	2008	
Race date:	Course	paperwork su	ibmission date	May 2,	2008		
Replaces:	(if applicable)			fication code			L5-BDC
				7.7		-	

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:

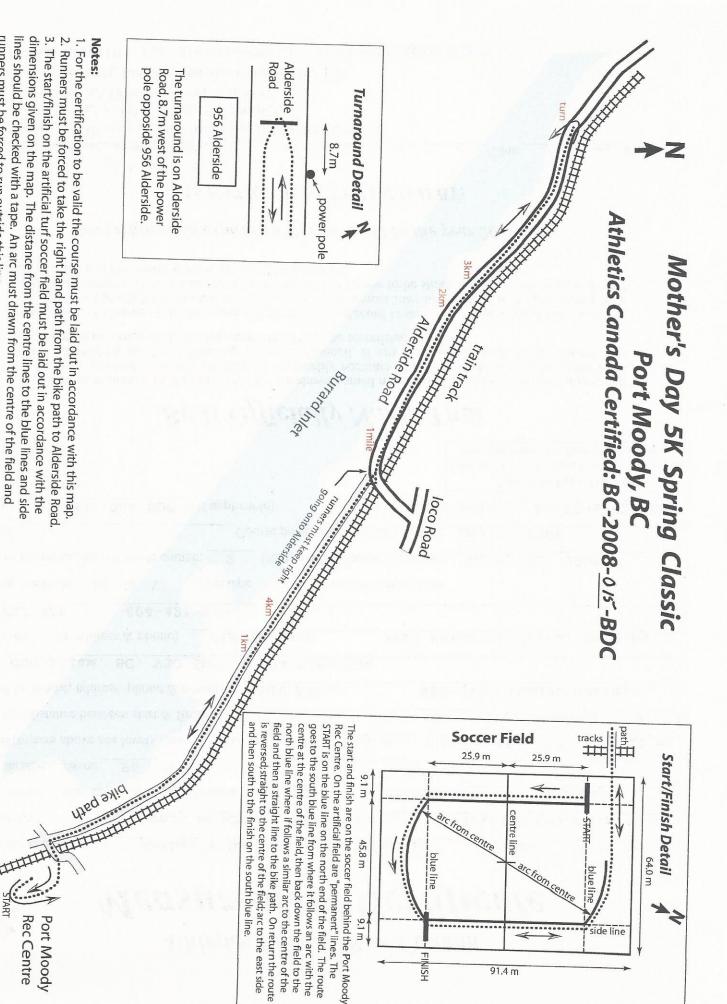
Bernard Conway - Athletics Canada/Run Canada National Cert	Date:	May 3	, 2008	

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com



from centre

91.4 m

64.0 m

blueline

side line

9.1 m

blue line

FINISH

Measurement and map by: Paul Adams, AIMS/IAAF Grade "A" Measurer

runners must be forced to run outside this line.

START FINISH

Port Moody

Rec Centre