



Athletics Canada/Run Canada
Measurement Certificate

Name of the course XLR 8K Distance 8 km
Location (city) Vancouver (province) British Columbia
Type of course: road race ☒ calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt 0 % gravel 0 % grass 0 % track 0 %
Elevation (meters above sea level) Start 5 m Finish 5 m Highest 20 m Lowest 0 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Paul Adams #55, 678 Citadel Drive,
Port Coquitlam, BC, V3C 6M7 604-945-4604
Race contact (name, address & phone) Janet Anderson P.O. Box 3213,
Vancouver, BC, V6V 3M7 604-872-2928
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 13, 2008
Race date: _____ Course paperwork submission date: April 14, 2008
Replaces: _____ (if applicable) Certification code: BC-2008-010-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

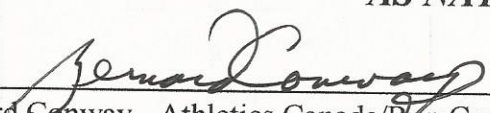
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 16, 2008

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

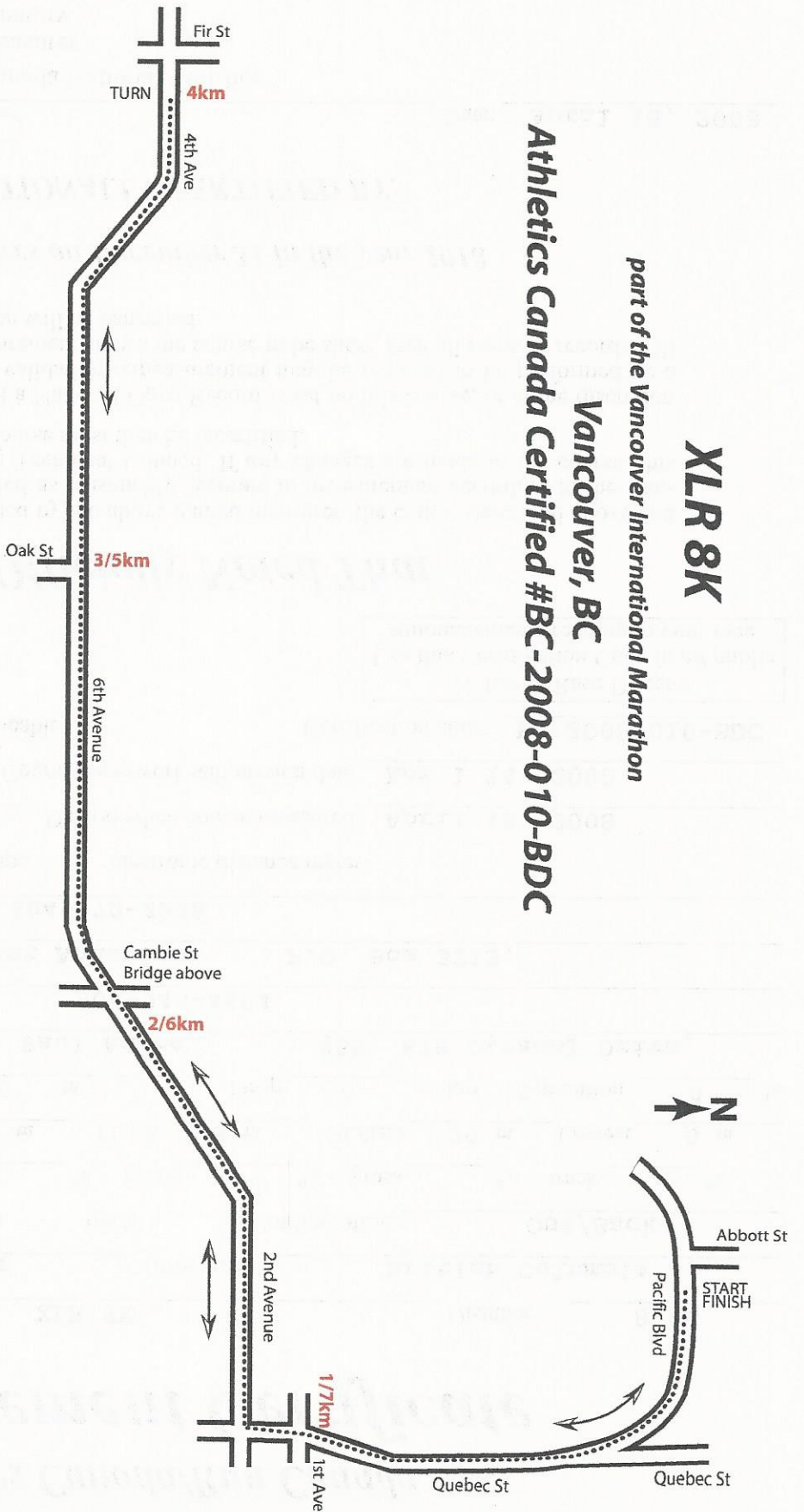
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

XLR 8K

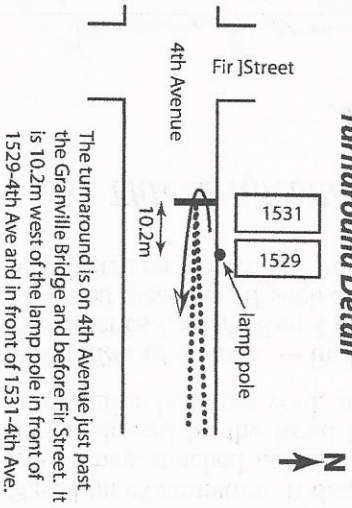
part of the Vancouver International Marathon

Vancouver, BC

Athletics Canada Certified #BC-2008-010-BDC



Turnaround Detail



Notes:

1. For the certification to be valid the course must be laid out in accordance with this map. Variations are not permitted.
2. Runners must be restricted to the north (westbound) lanes on 2nd, 6th and 4th Avenue and to the west (southbound) lanes on Quebec Street.
3. The course must be remeasured when the construction on Quebec and on 4th Avenue at Cambie is complete.

Measurement & map by: Paul Adams, AIMS/IAAF "A" Measurer.

Start/Finish Detail

