



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Rotary Seawall Run Distance 10 km
Location (city) West Vancouver (province) British Columbia
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Complex of Loops
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 4 m Finish 4 m Highest 4 m Lowest 1 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Paul Adams, #55-678 Citadel Drive
Port Coquitlam, BC, V3C 6M7 604-945-4604
Race contact (name, address & phone) Lars Jorgensen, 18951 Fraser Hwy.,
Surrey, BC, V3S 8E7 604-807-1436
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: two Date(s) when course measured: Mar. 21, 2008
Race date: Course paperwork submission date: Mar. 23, 2008
Replaces: (if applicable) Certification code: BC-2008-004-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

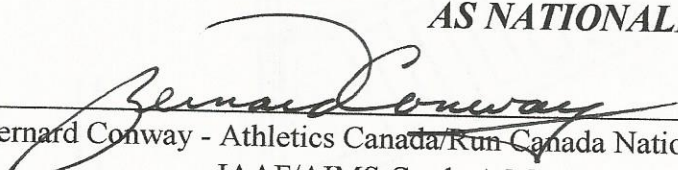
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2018

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Mar. 24, 2008

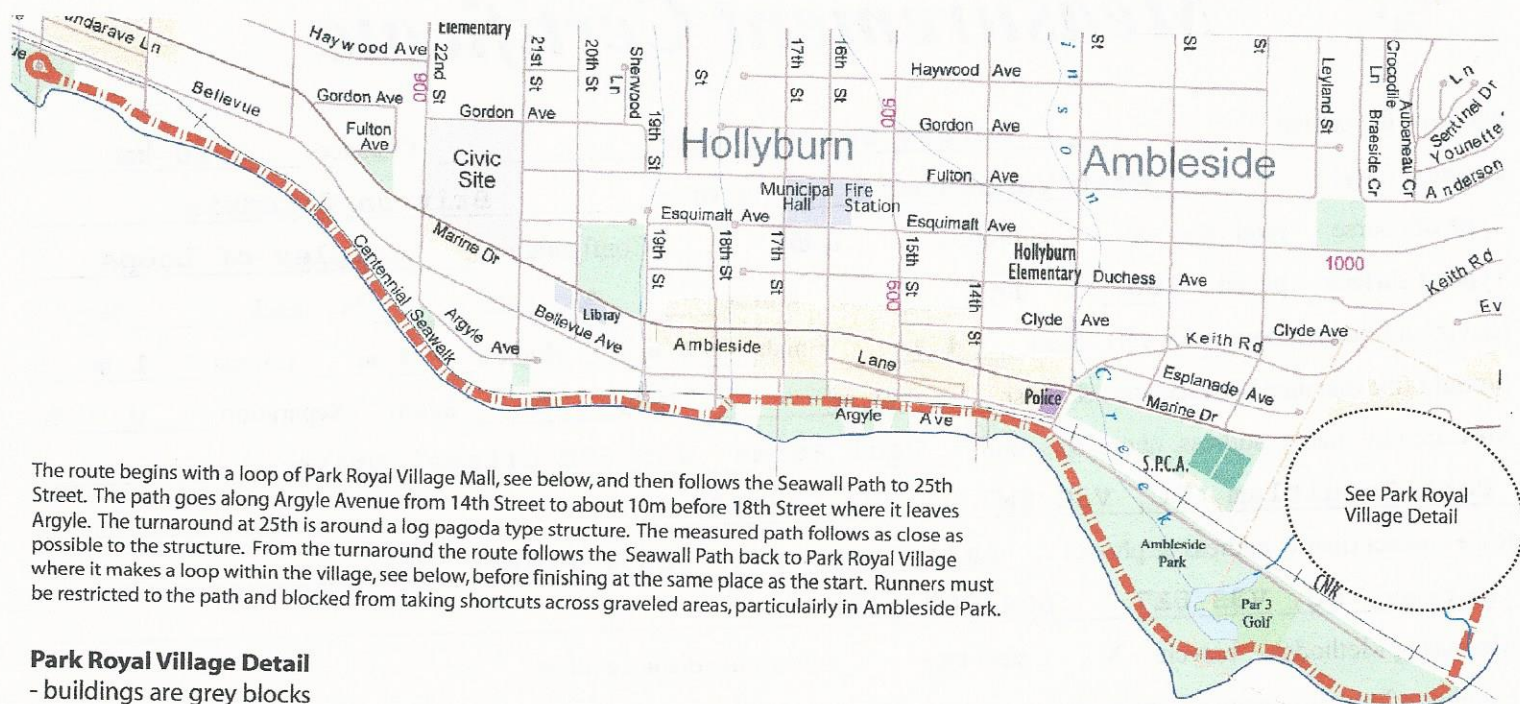
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Rotary Seawall Run --- West Vancouver, BC

May 25, 2008

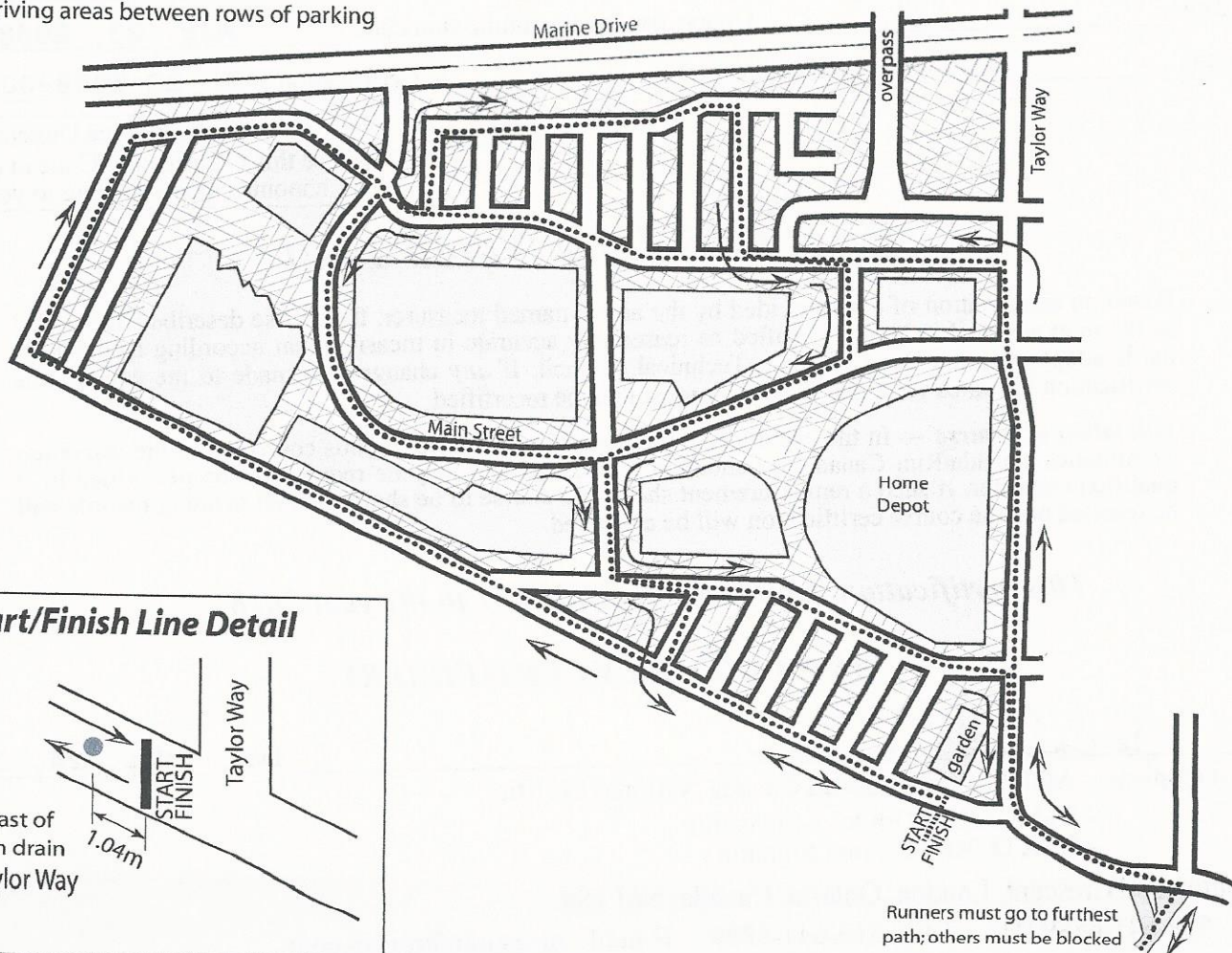
Athletics Canada Certified: BC-2008-004-BDC



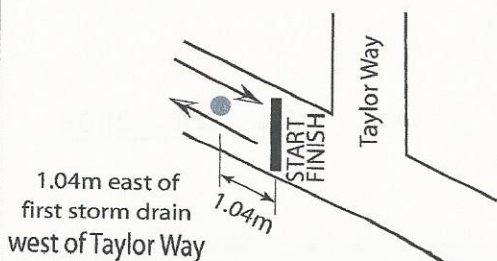
The route begins with a loop of Park Royal Village Mall, see below, and then follows the Seawall Path to 25th Street. The path goes along Argyle Avenue from 14th Street to about 10m before 18th Street where it leaves Argyle. The turnaround at 25th is around a log pagoda type structure. The measured path follows as close as possible to the structure. From the turnaround the route follows the Seawall Path back to Park Royal Village where it makes a loop within the village, see below, before finishing at the same place as the start. Runners must be restricted to the path and blocked from taking shortcuts across graveled areas, particularly in Ambleside Park.

Park Royal Village Detail

- buildings are grey blocks
- cross hatch shows parking areas
- roads are driving areas between rows of parking



Start/Finish Line Detail



Runners must go to furthest path; others must be blocked