



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Spring Fling 5 km Race Distance 5 km  
Location (city) Denwood (province) Alberta  
Type of course: road race ☒ calibration track Configuration: Loop (1 lap)  
Type of surface: paved 30 % dirt      % gravel 70 % grass      % track      %  
Elevation (meters above sea level) Start 669 m Finish 669 m Highest 740 m Lowest 663 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Robert McKinnon P.O. Box 36, Denwood, AB  
T0B 1B0 780-842-4035 and Helen Buzik Denwood, AB  
Race contact (name, address & phone) Robert McKinnon P.O. Box 36, Denwood, AB  
T0B 1B0 780-842-4035  
Measuring Methods: bicycle ☒ steel tape electronic distance meter  
Number of measurements of entire course: 4 Date(s) when course measured: March 23/2008  
Race date: April 5/2008 Course paperwork submission date: March 31/2008  
Replaces:      (if applicable) Certification code: AB-2008-006-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2017*

AS NATIONALLY CERTIFIED BY:

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: March 22/2012

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