Athletics Canada/Run Canada Measurement Certificate

| Name of the course Pinery Provincial Park 5 km Ro | ad Page | Distant | | | | | |
|--|---------------------------|-------------|----------|-----------------------|--|--|--|
| Location (city) Pinery Provincial Park (province) | uu nace | _ Distance | 5 | km | | | |
| Type of course: | | Ontar | 10 | | | | |
| rypo of course. Toad race X calibration track Co | onfiguration. | Osst /Balak | | | | | |
| rype of surface. paved 100 % dirt % gravel | % orace | 0/ | two als | 0.4 | | | |
| Start 182 m Finish 182 m | Highest | 187 m | Lovrost | 100 | | | |
| Straight line distance between stort & finish | | 207 111 | _Lowest | 182 m | | | |
| Straight line distance between start & finish 0 m Drop Measured by (name, address, phone & a mail) Drop | 0 | m/km Se | paration | % | | | |
| Measured by (name, address, phone & e-mail) Bernard Conway, | 7 Southw | ood Cres | cent | | | | |
| London, ON, N6J 1S8 519-641-6889 | | | | | | | |
| Race contact (name, address & phone) Martin Thuss, 9945 Riv | erview D | oad Coo | -45. | | | | |
| NOM 1TO | | oau, Gra | nd send | , ON | | | |
| Measuring Methods: bicycle X steel tape electronic distance | ce meter | | | | | | |
| Number of measurements of entire course:two_ Date(s) when course me | | | | | | | |
| Page deter | easured: | Oct. | 4, 2007 | 1 | | | |
| Race date: Course paperwork submission | on date: | Oat | E 2007 | | | | |
| Replaces: | | | | | | | |
| Replaces: (if applicable) | applicable) Certification | | | code: ON-2007-098-BDC | | | |
| | | | | | | | |

Notice to Race Director Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2017

| AS NATIONALLY CERTIFIED BY: | | | | | |
|---|-------|------|----|------|--|
| 1 | | | | | |
| Bernard Conway - Athletics Canada/Ryn Canada National Certifier | Date: | Oct. | 6, | 2007 | |
| - IAAF/AIMS Grade A Measurer | | | | | |

AF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Pinery Provincial Park 5 km Road Race

<u>Start/Finish</u> – opposite south end of guard-rails on south side of bridge across from the Park Store.

1 km/4 km - 83 m west of sign for four directional points west of the Administrative Office.

2 km/3 km - No close landmarks.

2.5 km & Turnaround – 1.39 m east of the "40 km/h maximum" sign, 6 m west of the east gravel road (south side) from Heritage Trail Parking Lot.

Directions: There will be cones on the coure every 50 m to ensure that the runners keep 0.5 m to the right of the centre line on the way out and 0.5 m to the left of the centre line on the way back Picnic Areas 8 7 6 5 4 3 2 Lake Huron 9 North Bridge Haritage Trail Parking Lot To Grand Bend Road into Pinery Bridge by 40 km/h Park Store maximum sign Old Ausable Channel Park Store Hwy 21 1.39 m To Sarnia 6 m Heritage Trail Parking Lot Turnaround Guardrails 0 Start & Finish is even with south end of guard rails on

South side of Ausable River by the Park Store