



Athletics Canada/Run Canada  
**Measurement Certificate**

Name of the course Hbc Run for Canada 3K Distance 3 km  
Location (City) Algonquin Park (Province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration Out & Back  
Type of surface: paved \_\_\_\_\_% dirt 100 % gravel \_\_\_\_\_% grass \_\_\_\_\_% track \_\_\_\_\_%  
Altitude (feet/metres above sea level) Start \_\_\_\_\_ Finish \_\_\_\_\_ Highest \_\_\_\_\_ Lowest \_\_\_\_\_  
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %  
Measured by (name, address, & phone) Bernard Conway, 67 Southwood Crescent, London, ON, N6J 1S8  
519-641-6889 measurer@rogers.com  
Race Director (name, address, phone, email, web site) Brian McLean, 119 Snowdon Ave., Toronto, Ontario,  
M4N 2A8 416-485-6451  
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: Two Date(s) when course measured: May 27, 2007  
Race date: July 1, 2007 Course paperwork postmark date: June 4, 2007  
Certification code: ON-2007-042-BDC  
Replaces \_\_\_\_\_ (if applicable)

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

**Be It Officially Noted That**

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

**Automatic Expiration** — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year **2017**

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: June 5, 2007

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

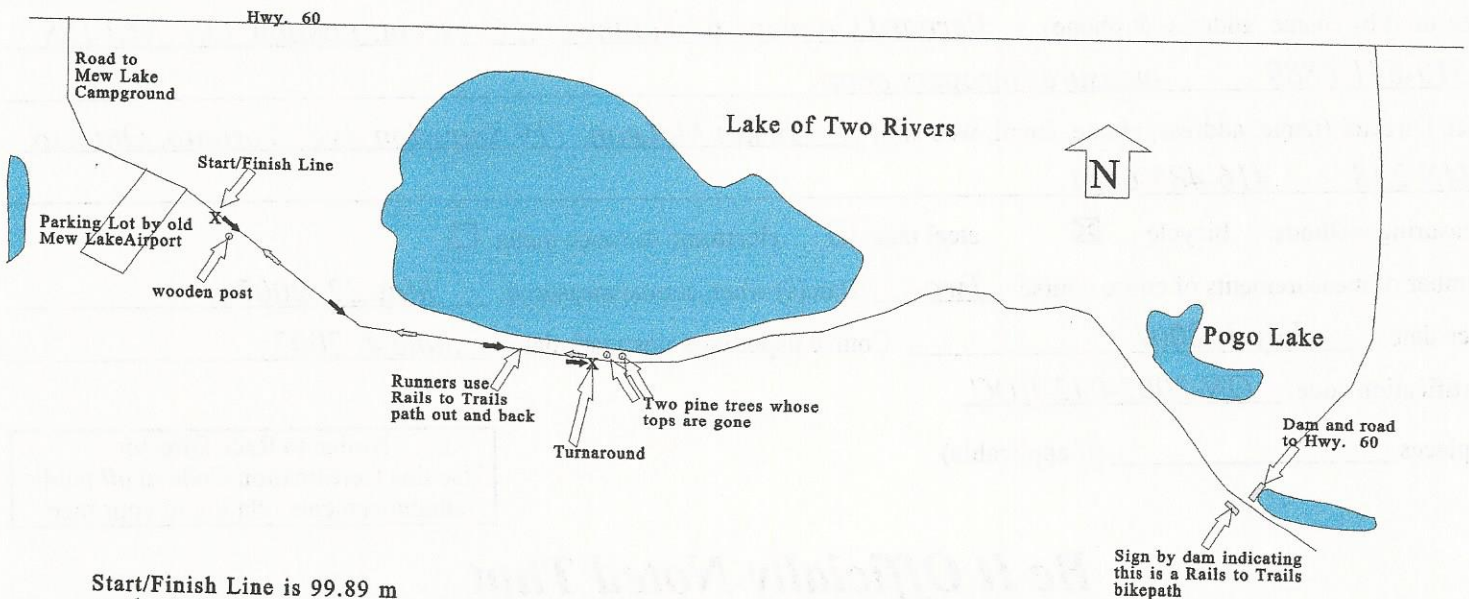
Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

### Hbc Run for Canada 3 km (Algonquin Park)

Start/Finish – is 99.89 m north-west of the wooden post near the start of the large trees as you take the bikepath away from the Mew Lake parking lot by the abandoned Mew Lake Airport (grassy field).

1 km/2 km – in grove of evergreen pine trees. To the south is a pond and on the north side there is the lake.

3 km Turnaround (1.5 km) – is 4.05 m west of the west most of two large pine trees that are close to each other on the lake side of the trail.



Start/Finish Line is 99.89 m north-west of wooden post by beginning of trees along bikepath south of parking lot of abandoned Mew Lake Airport

Turnaround (1.5 km split) is 4.05 m west of large pine tree topped by storm (or lightning). This is the further west of two trees that both lost their tops which are about 10 m apart on the lake side of the trail.

ON-2007-042-BDC