



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Hbc Run for Canada 10K Distance 10 km
Location (City) Algonquin Park (Province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration Out & Back
Type of surface: paved _____% dirt 100 % gravel _____% grass _____% track _____%
Altitude (feet/metres above sea level) Start _____ Finish _____ Highest _____ Lowest _____
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
Measured by (name, address, & phone) Bernard Conway, 67 Southwood Crescent, London, ON, N6J 1S8
519-641-6889 measurer@rogers.com
Race Director (name, address, phone, email, web site) Brian McLean, 119 Snowdon Ave., Toronto, Ontario,
M4N 2A8 416-485-6451
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: Two Date(s) when course measured: May 27, 2007
Race date: July 1, 2007 Course paperwork postmark date: June 4, 2007
Certification code: ON-2007-041-BDC
Replaces _____ (if applicable)

Notice to Race Director
Use this Certification Code in **all** public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year **2017**

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: June 4, 2007

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: measurer@rogers.com

Hbc Run for Canada 10 km (Algonquin Park)

Start/Finish – is 99.89 m north-west of the wooden post near the start of the large trees as you take the bikepath away from the Mew Lake parking lot by the abandoned Mew Lake Airport (grassy field).

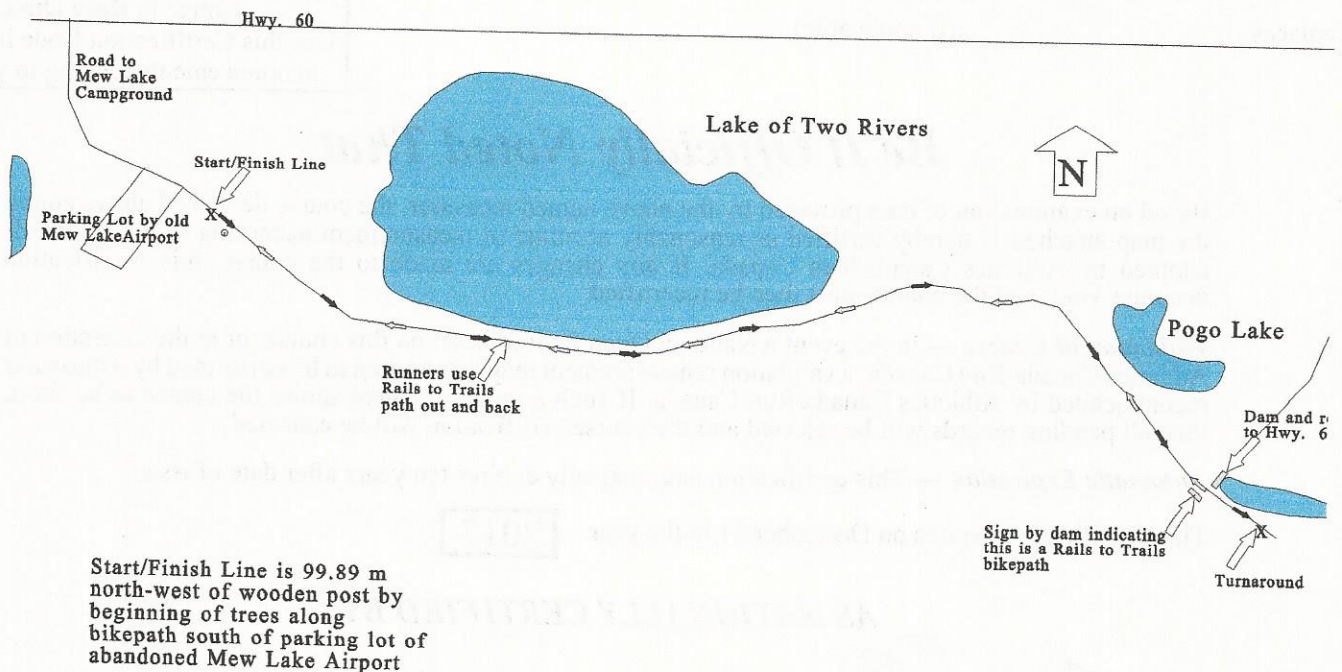
1 km/9 km – in grove of evergreen pine trees. To the south is a pond and on the north side there is the lake.

2 km/8 km – 2 m east of the white birch on the side of the trail by the lake.

3 km/7 km – opposite the evergreen (pine) on the side of the trail by the lake, east of the large fallen tree and the outcrop of rocks where the trail is very close to the lake.

4 km/6 km – 2 m south of a large evergreen on the lake side of the trail opposite where the river appears and turns south.

5 km Turnaround – is opposite the cleft between the double pine on the east side of the trail, 370.14 m past (south-east) the sign for the Old Railway Biketrail by the dam and the road which also goes to Hwy. 60.



Turnaround (5 km split) is 370.14 m south-east of the sign for Old Railway biketrail by the dam.