



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Nordion 10 km Distance 10 km
Location (City) Ottawa (Province) Ontario
Type of course: road race ☒ calibration ☐ track ☐ Configuration Loop
Type of surface: paved 100 % dirt % gravel % grass % track %
Altitude (feet/metres above sea level) Start 65.5 m Finish 65.5 m Highest 73.1 m Lowest 65.2 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 3 %
Measured by (name, address, & phone) Bernard Conway (London, ON), Jim Robinson
(Orleans, ON), John Halvorsen (Kanata)
Race Director (name, address, phone, email, web site) Jim Robinson, 6305 Beausejour Drive, Orleans, ON
K1C 3J6 613-234-2221 and John Halvorsen, 37 Pentland Cres., Kanata, ON, K2K 1V6
613-599-4071
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: three Date(s) when course measured: April 22, 2007
Race date: Course paperwork postmark date: May 29, 2007
Certification code: ON-2007-037-BDC
Replaces ON-2000-033-BDC (if applicable)

Notice to Race Director Use this Certification Code in <i>all</i> public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year

2017

AS NATIONALLY CERTIFIED BY:

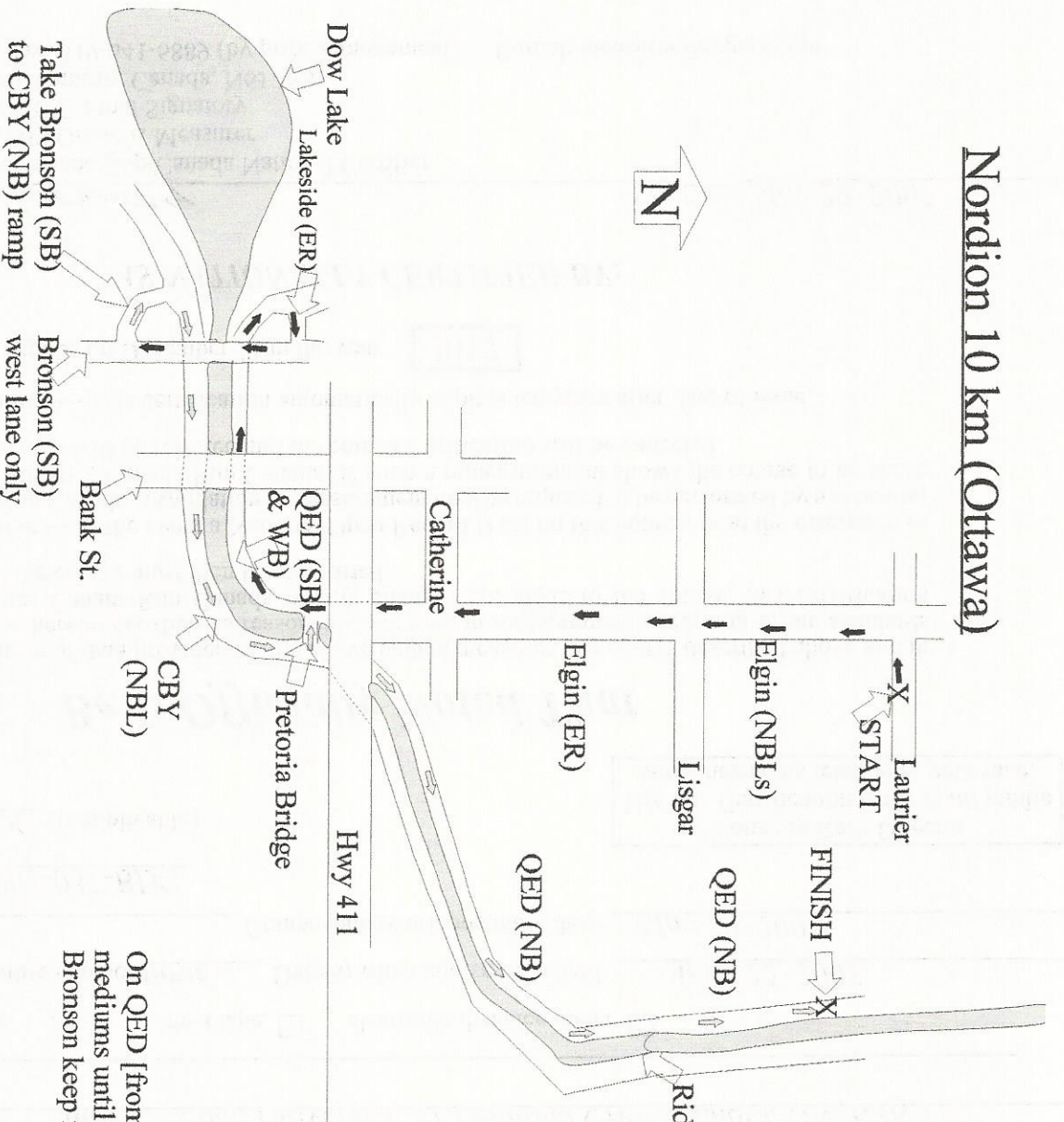
Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: May 29, 2007

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: measurer@rogers.com

Nordion 10 km (Ottawa)



START - is in line with the centre of the Courthouse doors.

FINISH - is in line with the NCC sign at the turn into Drill Hall on Queen Elizabeth Drive, south of Laurier

➡ From start to Bronson entrance to Colonel By

➡ From entrance to Colonel By to Finish

CBY - Colonel By

QED - Queen Elizabeth Drive

NBLs - north bound lanes

ER - entire road

On QED [from start] stay to left (canal side) of any mediums until Bronson St. underpass, after passing Bronson keep right of any mediums

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