



Athletics Canada/Run Canada  
**Measurement Certificate**

Name of the course ING Ottawa Marathon Distance 42.195 km  
Location (City) Ottawa (Province) Ontario  
Type of course: road race ☒ calibration ☐ track ☐ Configuration Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Altitude (feet/metres above sea level) Start 68 m Finish 69 m Highest 80 m Lowest 51 m  
Straight line distance between start & finish 500 m Drop -0.01 Separation 1 %  
Measured by (name, address, & phone) Bernard Conway London, ON  
Jim Robinson Orleans, ON and John Halvorsen Kanata  
Race Director (name, address, phone, email, web site) Jim Robinson & John Halvorsen  
c/o Jim Robinson, 6305 Beausejour Dr., Orleans, ON, K1C 3J6 613-234-2221  
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: three Date(s) when course measured: April 22, 2007  
Race date: May 27, 2007 Course paperwork postmark date: May 24, 2007  
Certification code: ON-2007-034-BDC  
Replaces      (if applicable)

Notice to Race Director  
Use this Certification Code in **all** public  
announcements relating to your race.

**Be It Officially Noted That**

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

**Automatic Expiration** — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year **2017**

**AS NATIONALLY CERTIFIED BY:**

*Bernard Conway*

Bernard Conway - Athletics Canada/Run Canada National Certifier

- IAAF/AIMS Grade A Measurer

- USATF/RRTC Final Signatory

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

Date: May 25, 2007



# ING Ottawa Marathon

St. Laurent SBLs

Arundel WBLs  
Braemar WBLs  
Eastbourne WBLs  
Birch WBLs  
Hemlock WBLs

Sandridge ER

Hillside ER  
Cloverdale ER  
Mariposa ER  
Lisgar ER  
Princess ER

Beechwood WBLs  
McKay ER  
Dufferin ER  
Stanley ER

Ottawa River

Sussex WBLs  
Sussex EBLs

Alexandra Bridge

Wellingington WBLs

Colonel By SBLs  
Queen Elizabeth Dr.  
EBLs (right of medians)

Colonel By  
Dow Lake  
Heron SL of EBLs  
Hogs Back ER  
\*\*\*Prince of Wales NBLs

\*Mackenzie SBLs until past Alexandra Bridge, where joined by Half-Marathoners, then ER.

\*\*Riverside west lane of SBLs. Left on Heron use SL of EB Heron. Follow down the ramp under Heron and around to the other side of Heron now in the north-bound lanes of WB Heron. \*As the runners come under Heron they will use the second road that takes them back to Heron. Then follow north side of WB Heron until Prince of Wales Drive.

\*\*\*Prince of Wales NBLs until last driveway past Fairchild then ER. At traffic circle runners turn right and do loop in the arboretum returning to the circle and going NB on Prince of Wales to Dow Lake.

NBLs - north-bound lanes  
EBLs - east-bound lanes  
SBLs - south-bound lanes  
WBLs - west-bound lanes  
SL - south lane  
ER - entire road

Montclair EBLs  
Ducharme ER  
Dumas ER  
St. Joseph NBLs  
St. Redempteur ER  
Eddy ER  
Laurier WBLs  
Montclair ER

Booth NBL's

Laurier ER

Hotel-de-Ville ER

Charlebois ER

St. Redempteur ER

Montclair ER

Ducharme ER

Dumas ER

St. Joseph NBLs

St. Redempteur ER

Montclair ER

Ducharme ER

Dumas ER

St. Joseph NBLs

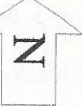
St. Redempteur ER

Montclair ER

Ducharme ER

Dumas ER

St. Joseph NBLs



Start - is 26.5 m south (before) the start of concrete section of road on Elgin St. on north side of Laurier St.

Finish - even with the NCC sign at the turn into the Carier Square Drill Hall on Queen Elizabeth Drive.

Turns from constrained lanes start at far side of cross-walk on one street and finish at near side of cross-walk on second street. If no cross-walk, use painted stop-line for cars.

ON-2007-034-BDC

Ottawa River