



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Hbc Run for Canada 10K Distance 10 km
Location (City) Halifax (Province) Nova Scotia
Type of course: road race ☒ calibration ☐ track ☐ Configuration Loop
Type of surface: paved 73 % dirt 27 % gravel % grass % track %
Altitude (feet/metres above sea level) Start 60 m Finish 60 m Highest 60 m Lowest 25 m
Straight line distance between start & finish 55 m Drop 0 m/km Separation 0.55 %
Measured by (name, address, & phone) Gordon Warnica, 52 Lake Thomas Crescent, Fall River, NS
B2T 1E6 902-861-2589
Race Director (name, address, phone, email, web site) Dan Hennigar c/o Dalhousie Track & Field Office,
6260 South St., Halifax, NS, B3H 3J5
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: Two Date(s) when course measured: June 2, 2007
Race date: Course paperwork postmark date: June 20, 2007
Certification code: NS-2007-055-BDC
Replaces (if applicable)

Notice to Race Director Use this Certification Code in <i>all</i> public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

Automatic Expiration — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year 2017

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: June 20, 2007

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: measurer@rogers.com

[illegible]

North Park St.

Cogswell St.

tart

#5816

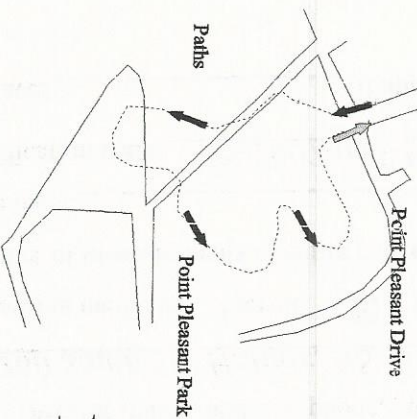
~~Bell Rd.~~

Robie St.

Finish is 7.5 m east of the west side of 5816 Cogswell St.

Runners use shortest possible route (spr) for entire race

- Race starts on Cogswell and heads west
- Turns right (north) onto Robie St.
- Turns right (east) on Cunard
- Turns right (south) on North Park St.
- Continues south on Ahern Ave.
- Turns slightly left on Bell Rd.
- Turns slightly right on South Park St.
- South Park St. becomes Young Ave.
- Into Point Pleasant Park and onto path (clockwise)
- Exit Point Pleasant Park back onto Young Ave.
- Right turn (east) onto Victoria Rd.
- Left turn (north) onto Queen St.
- Left (west) on to Sackville St.
- Turn right (north) onto Bell Rd.
- Turns slightly right (north) onto Ahern Ave.
- Turns left (west) onto Cogswell St. to Finish



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