



Athletics Canada/Run Canada Measurement Certificate

Name of the course Eastern Marathon Distance 42.195 km
Location (city) Port. Cove St. Phillips (province) Newfoundland-Labrador
Type of course: road race ☒ calibration track Configuration: Loops
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 80 m Finish 80 m Highest 200 m Lowest 80 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 0.7 %
Measured by (name, address, phone & e-mail) Penny Moody-Corbett & Ann Chafe
Race contact (name, address & phone) Ray Will, 789 St. Thomas Line, Portugal Cove,
St. Phillips, NL, A1M 1A5 709-895-8569 raywill@nl.rogers.com
Measuring Methods: bicycle ☒ steel tape electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: June 3, 2007
Race date: _____ Course paperwork submission date: Sept. 11, 2007
Replaces: _____ (if applicable) Certification code: NL-2007-083-BDC

Notice to Race Director
Use this Certification Code in *all* public
Announcements relating to your race.

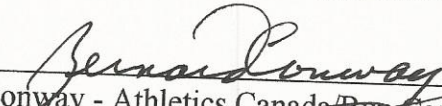
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2017

AS NATIONALLY CERTIFIED BY:

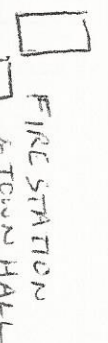

Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Sept. 13, 2007

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

TO ST JOHNS

Eastern Marathon - ABCDHCDBEFG



THORBURN RD

→ RUNNING DIRECTION

A - start is 14 m east of pole #8282899 (~200 m west of Bennetts Rd.)

15K 30K

G FINISH

H - From Bennetts Rd. turn right on to Thorburn Rd. (210.52 m from the start line).
G - Finish is opposite Sunshine Park even with pole #41715

TOLT RD.

C - Turnaround is 20 m past centre line of driveway of 252 Olivers Pond Rd.
D - 10/25 km point is 283 m after turnaround C, 4 m before pole #32833(23)

E - Turnaround on third loop only, it is 4 m before pole opposite the driveway of 70 Olivers Pond Rd.

F - 40 km mark is north of Old Broad Cove Rd., 6.5 m beyond the pole of the parking lot by the corner store.

B - 5/20/35 km points on Old Broad Cove Rd., 12 m west of centre line of Phil's Hill Rd.

OLD BROAD COVE RD.

OUT

BACK

5K 10K 15K 20K 25K 30K 35K

PHIL'S HILL RD

GENERAL SCHEMATIC
EASTERN MARATHON
PORTUGAL COVE - ST PHILIPS
NEWFOUNDLAND

The two left hand turns use the intersecting point of the two centre lines of the roads.
Rest of the course is shortest possible route

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