



# Athletics Canada/Run Canada Measurement Certificate

Name of the course Eastern 15 km Distance 15 km  
Location (city) Port. Cove St. Phillips (province) Newfoundland-Labrador  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Loop  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 80 m Finish 80 m Highest 200 m Lowest 80 m  
Straight line distance between start & finish 300 m Drop 0 m/km Separation 2 %  
Measured by (name, address, phone & e-mail) Penny Moody-Corbett & Ann Chafe

Race contact (name, address & phone) Ray Will, 789 St. Thomas Line, Portugal Cove,  
St. Phillips, NL, A1M 1A5 709-895-8569 raywill@nl.rogers.com

Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐

Number of measurements of entire course: two Date(s) when course measured: June 3, 2007

Race date:      Course paperwork submission date: Sept. 11, 2007

Replaces:      (if applicable) Certification code: NL-2007-082-BDC

Notice to Race Director  
Use this Certification Code in *all* public  
Announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year 2017*

**AS NATIONALLY CERTIFIED BY:**

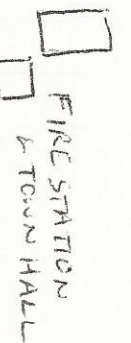
Bernard Conway Date: Sept. 13, 2007  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8  
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# Eastern 15 km Points - A B C D G

TO ST JOHNS

THORBUEN RD → RUNNING DIRECTION



A - start is 14 m east of pole #8282899  
(~200 m east of Bennetts Road) A START

G - Finish is opposite  
Sunshine Park  
even with pole #41715

C - Turnaround is 20 m past  
centre line of driveway  
of 252 Olivers Pond Rd.

D - 10 km point is 283 m  
after turnaround C,  
4 m before pole #32833(23)

OLIVERS POND RD  
OUT  
BACK  
E  
D 10K  
C

OLD BROAD COVE RD.  
OUT  
BACK  
F

PHIL'S HILL RD  
B - 5 km point on  
Old Broad Cove Rd,  
12 m west of centre line  
of Phil's Hill Rd.

GENERAL SCHEMATIC  
EASTERN  
PORTUGAL COVE - ST PHILIPS  
NEW FOUNDLAND

NL-2007-082-BDC

The two left hand turns use the intersecting point of the two centre lines of the roads.  
Rest of the course is shortest possible route