

Athletics Canada/Run Canada

Measurement Certificate

Name of the course	mes Colonis	t 10K (TC	10K)	Distance	10 km	
	ctoria				lumbi a	
Type of course: road race X	calibration	track	Configuration:	Part	ial Loop	
Type of surface: paved 100 %	dirt %	gravel	% grass	% t	rack %	
Elevation (meters above sea level) St	art10 m	Finish 4	m Highest	27 m	Lowest 3 m	
Straight line distance between start &	finish 0.8 k	cm]	Orop 0.6	m/km Sen	aration 8	0/2
Measured by (name, address, phone &	e-mail) Gary	Duncan	3860 As	cot Drive		_ /0
Victoria, BC, V8P 3S1	250-721-	2912				
Race contact (name, address & phone) Cathy Noel 4211 Commerce Circle,						
Victoria, BC, V8Z 6N6	250-658	-3160		-00 022020	- /	
Measuring Methods: bicycle X			stance meter			
Number of measurements of entire cou				or 6 s 16	207	
Race date:	Course pa	aperwork subm	nission date: A	ril 30 2	, 207	
Replaces:	_ (if applicable)				2007-127-BDC	
					Pace Director	

Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course - In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year	2018	
AS NATIONALLY CERTIFIED BY: Bernard Conway - Athletics Canada/Run Canada National Certifier	_ Date:	May 3, 2008
 IAAF/AIMS Grade A Measurer USATF/RRTC Final Signatory 		
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8		

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

