



Athletics Canada/Run Canada Measurement Certificate

Name of the course Cedar Road 300 m Calibration Course Distance 300 m
Location (city) Nanaimo (province) British Columbia
Type of course: road race calibration ☒ track Configuration: Point to Point
Type of surface: paved ☒ dirt ☐ gravel ☐ grass ☐ track ☐
Elevation (meters above sea level) 43 m
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %
Measured by (name, address, phone & e-mail) Paul Adams #55 - 678 Citadel Drive,
Port Coquitlam, BC, V9R 6X5 250-758-9242 & John Durkin
Contact (name, address & phone) _____
Measuring Methods: steel tape ☒ electronic distance meter
Number of measurements of entire course: two Date(s) when course measured: July 26, 2007
Course paperwork submission date: July 31, 2007
Replaces: _____ (if applicable) Certification code: _____

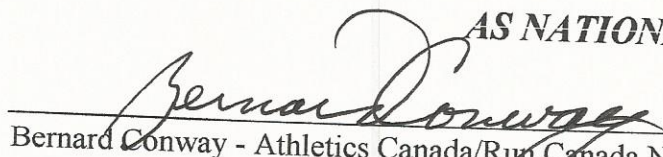
BC-2007-062-BDC

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier

Date: Aug. 5, 2007

- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

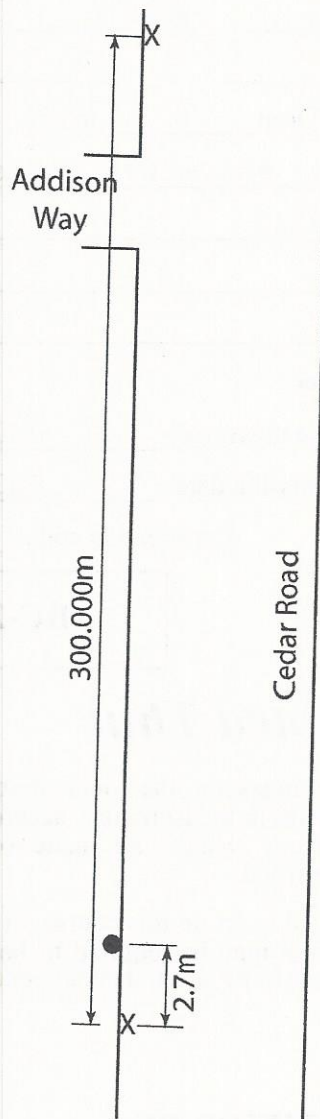
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Cedar Road Calibration

Nanaimo, BC

Athletics Canada Certified #BC-2007-061-BDC

Measured by: Paul Adams, AIMS/IAAF Grade "A" Measurer



sign

The north pin is located about 45m north of Addison Way on Cedar. It is exactly opposite the cross walk sign and about 5cm west of the wite line.

The south pin is located 2.7m south of the power pole with tag "2166118"