



Athletics Canada/Run Canada  
**Measurement Certificate**

Name of the course Hbc Run for Canada 10K Distance 10 km  
Location (City) Vancouver (Province) British Columbia  
Type of course: road race ☒ calibration ☐ track ☐ Configuration Complex of different Loops  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Altitude (feet/metres above sea level) Start 5 m Finish 2 m Highest 8 m Lowest 2 m  
Straight line distance between start & finish 100 m Drop 0.3 m/km Separation 1 %  
Measured by (name, address, & phone) Mark Smith, 2109 London St., New Westminster, BC  
V3M 3E8 604-526-6011  
Race Director (name, address, phone, email, web site) John Moe, 8590 Armstrong St., Burnaby, BC  
V3N 2H5 604-522-7576  
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: Two Date(s) when course measured: June 2, 2007  
Race date: July 1, 2007 Course paperwork postmark date: June 21, 2007  
Certification code: BC-2007-056-BDC  
Replaces      (if applicable)

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

**Be It Officially Noted That**

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by Athletics Canada/Run Canada. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a measurer recommended by Athletics Canada/Run Canada. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be canceled.

**Automatic Expiration** — This certification automatically expires ten years after date of issue.

This Certification expires on December 31 in the year **2017**

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

Date: June 21, 2007

67 Southwood Cres., London, Ontario, Canada, N6J 1S8

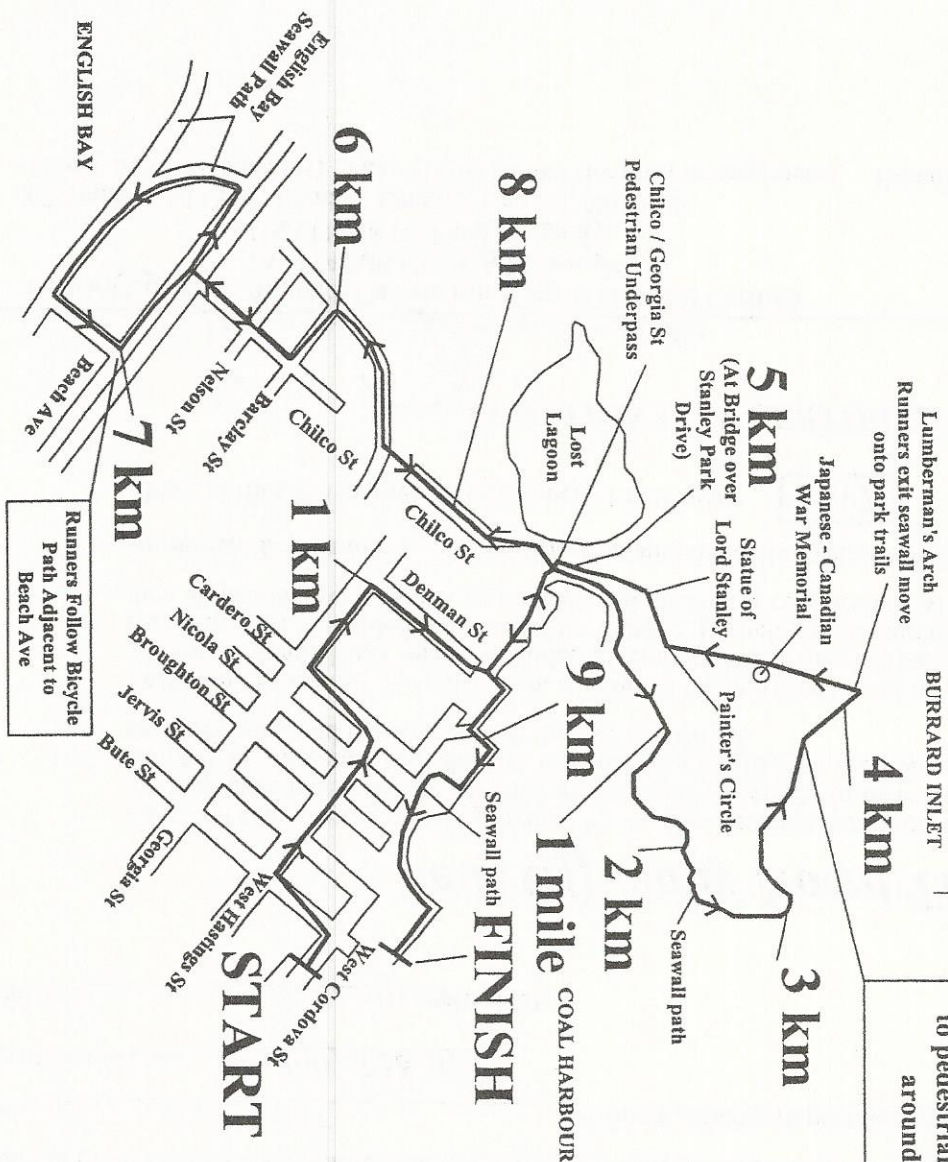
Phone: 519-641-6889 (H) Fax: 519-641-6889 (by prior arrangement) E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)



# Race Course Description

Runners travel west on Cordova, turn left/south onto Bute and right/south onto Hastings to Cardero Street. Runners turn left/south onto Cardero, right/west on West Georgia and right/north onto Denman St. Runners turn left/west onto seawall at foot of Denman and move west into Stanley Park. Runners follow Stanley Park seawall past Vancouver Rowing Club, Vancouver Yacht Club and entrance to HMCS Discovery. Runner proceed on seawall around Brockton Point to Lumberman's Arch. At Lumberman's Arch runners will travel up the pathway past the Japanese - Canadian War Memorial, the aquarium, to the statue of Lord Stanley and across the bridge over Stanley Park Dr. Runners follow the pedestrian path through the Chilco/Georgia St underpass and onto the 700 block of Chilco Street. At the top of the hill, runners will exit onto Lagoon Drive, turning left/east on Barclay and right/south on Chilco St. At Beach Avenue, the runners will turn right onto the bike path and left at the first pathway down to the seawall. Runners turn left/east on the seawall until the pathway that exits the seawall at the south end of Davie St. From there, runners travel back to Chilco on the bike path adjacent to Beach Ave, right/north onto Chilco, left/west onto Barclay, right/north onto Lagoon, left/north onto Chilco and through the Chilco/Georgia St underpass. Once through the underpass runners follow the pedestrian side of the seawall east of Stanley Park to the finish at Harbour Green Park.

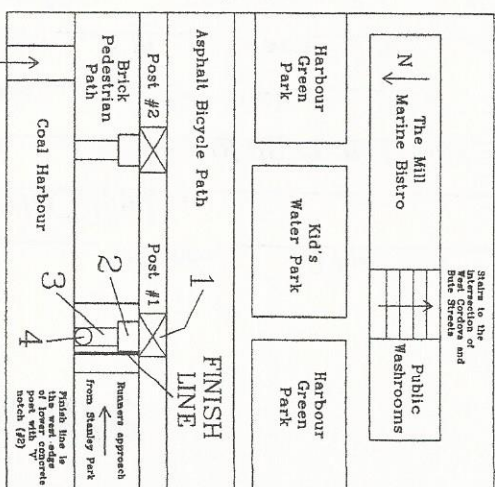
## JBC Run for Canada - Vancouver 10 km Race



### Stanley Park Seawall

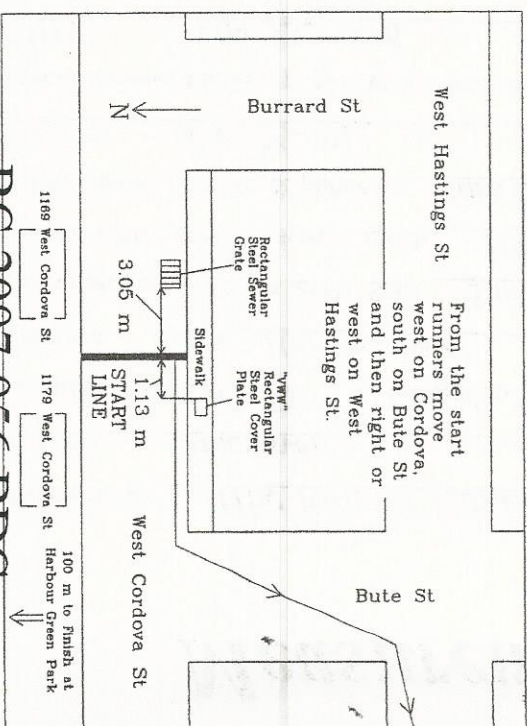
Runners are restricted to pedestrian portion of seawall around Stanley Park.

Map 3: FINISH LINE



1. 1m High Concrete Post with pyramid on top
2. Lower, 0.5 m, concrete post with "V" notch
3. Stone Strip across path
4. Telescope

Map 2: START LINE



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